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If $f: \mathbb{R} \to \mathbb{R}^m$ is twice differentiable, then argue that

$$||[f(0) + f'(0)s] - f(s)||_2 \le \frac{s^2}{2} \left(\max_{0 \le \xi \le s} ||f''(\xi)||_2 \right).$$

You may want to use the fact that in general $||v|| = \max_{||u^*||=1} u^*v$.