1 Introduction

Many programming languages have the ability to define recursive data types. For example, suppose we want to define binary trees with integer data at the nodes. In Java we can write

```java
class Tree {
    Tree leftChild, rightChild;
    int data;
}
```
A binary tree is an object of this class. In OCaml we can write

```ocaml
type tree = Leaf | Node of tree * tree * int
```
These types are recursive because they are defined in terms of themselves.

In the simply-typed lambda calculus, we do not yet have any mechanism to define recursive types. We would like the type $\text{tree}$ to satisfy

$$\text{tree} = \text{unit} + \text{int} \times \text{tree} \times \text{tree},$$

In other words, we would like $\text{tree}$ to be a solution of the equation

$$\alpha = \text{unit} + \text{int} \times \alpha \times \alpha$$

However, no such solution exists among the types we have seen so far.

How might we augment our set of types to include solutions to such recursive type equations? There are two basic approaches, called the equirecursive and isorecursive approach, respectively.

2 Equirecursive Types

By unwinding the equation above, we can see that

$$\alpha = \text{unit} + \text{int} \times \alpha \times \alpha$$

\[
= \text{unit} + \text{int} \times (\text{unit} + \text{int} \times \alpha \times \alpha) \times (\text{unit} + \text{int} \times \alpha \times \alpha) \\
= \text{unit} + \text{int} \times (\text{unit} + \text{int} \times (\text{unit} + \text{int} \times \alpha \times \alpha) \times (\text{unit} + \text{int} \times \alpha \times \alpha)) \times \\
\hspace{2cm} (\text{unit} + \text{int} \times (\text{unit} + \text{int} \times \alpha \times \alpha) \times (\text{unit} + \text{int} \times \alpha \times \alpha))
\]

At each level, we have a finite type with the type variable $\alpha$ appearing at some of the leaves, and we obtain the next level by substituting the right-hand side of the equation for $\alpha$. This gives a sequence of deeper and deeper finite trees, where each successive tree is a substitution instance of the previous tree.
If we take the limit of this process, we have an infinite tree. We can think of this as an infinite labeled graph whose nodes are labeled with the type constructors $\times$, $+$, $\text{int}$, and $\text{unit}$. This is very much like an ordinary type expression, except that it is infinite. There are no more $\alpha$'s, because we have substituted for all of them all the way down. This infinite tree is a solution of our equation, and this is what we take as the type $\text{tree}$.

More generally, over standard type constructors such as $\to$, $\times$, $+$, $\text{unit}$, and $\text{int}$, we can form the set of (finite) types inductively in the usual way. Each such type can be regarded as a finite labeled tree. For example, the type $\text{int} \to \text{int} \to \text{int}$ can be viewed as the labeled tree

\[
\begin{array}{c}
\text{int} \\
\text{int} \rightarrow \\
\text{int} \rightarrow
\end{array}
\]

Now let us add some infinite types. These are infinite labeled trees that respect the arities of the constructors; that is, if the constructor is binary (such as $\times$ or $\to$), any node labeled with that constructor must have exactly two children; and if the constructor is nullary, such at $\text{unit}$, then any node labeled with that symbol must be a leaf. Within these constraints, the tree may be infinite.

A (finite or infinite) expression with only finitely many subexpressions (up to isomorphism) is called regular. For example, the infinite type

\[
\begin{array}{c}
\text{int} \\
\text{int} \\
\text{int}
\end{array}
\]

is regular, since it has only two subexpressions up to isomorphism, namely itself and $\text{int}$. The limit of the unwinding of the equation above, which we took to be the type $\text{tree}$, is also regular; it has exactly five subexpressions up to isomorphism, namely $\text{tree}$, $\text{unit}$, $\text{tree} \times \text{tree} \times \text{int}$, $\text{tree} \ast \text{tree}$, and $\text{int}$.

Regular trees are all we need to provide solutions to finite systems of type equations. Suppose we have $n$ type equations in $n$ variables:

\[
\begin{align*}
\alpha_1 &= \tau_1 \\
\vdots \\
\alpha_n &= \tau_n,
\end{align*}
\]  

(1)

where each $\tau_i$ is a finite type over the type constructors and type variables $\alpha_1 \ldots \alpha_n$. This system has a solution $\sigma_1 \ldots \sigma_n$ in which each $\sigma_i$ is a regular tree. Moreover, if no right-hand side is a variable, then the solution is unique.

### 2.1 The $\mu$ Constructor

We can specify the infinite solutions to systems of type equations using a finite syntax involving a new type constructor $\mu$, the fixpoint type constructor. If we have an equation $\alpha = \tau$ such that the right-hand side is not $\alpha$, then there is a unique solution, which is a finite or infinite regular tree. The solution will be infinite if $\alpha$ occurs in $\tau$ and will be finite (in fact it will just be $\tau$) if $\alpha$ does not occur in $\tau$. We denote this unique solution by $\mu \alpha \cdot \tau$. 

2
Syntactically, \( \mu \) acts as a binding operator in type expressions as \( \lambda \) does in \( \lambda \)-terms, with the same notions of scope, free and bound variables, \( \alpha \)-conversion, and substitution.

Since \( \mu \alpha. \tau \) is a solution to \( \alpha = \tau \), we have
\[
\mu \alpha. \tau = \tau \{ \mu \alpha. \tau / \alpha \}.
\]

For example, to get a \texttt{tree} type satisfying our original equation, we can define
\[
\texttt{tree} \triangleq \mu \alpha. \texttt{unit} + \texttt{int} \times \alpha \times \alpha.
\]

The solutions \( \sigma_1 \ldots \sigma_n \) to any finite system of equations can be expressed in terms of \( \mu \). For example, suppose \( \tau_1 \) and \( \tau_2 \) are finite type expressions over the type variables \( \alpha_1, \alpha_2 \) such that neither \( \tau_1 \) nor \( \tau_2 \) is a variable. The system
\[
\alpha_1 = \tau_1 \quad \alpha_2 = \tau_2
\]
has a unique solution \( \sigma_1, \sigma_2 \) specified by
\[
\sigma_1 = \mu \alpha_1. (\tau_1 \{ \mu \alpha_2. \tau_2 / \alpha_2 \}) \quad \sigma_2 = \mu \alpha_2. (\tau_2 \{ \mu \alpha_1. \tau_1 / \alpha_1 \}).
\]

Mutually recursive type declarations arise quite often in practice. For example, consider the following Java class definitions for \texttt{Node} and \texttt{Edge}:

```java
class Node {
    Edge[] inEdges, outEdges;
}
class Edge {
    Node source, sink;
}
```

Note that \texttt{Node} refers to \texttt{Edge} and vice versa. So we must take a mutual fixpoint.

### 2.2 Typing Rules

In the equirecursive view, since \( \mu \alpha. \tau = \tau \{ \mu \alpha. \tau / \alpha \} \), the typing rules are simple:

\[
\begin{align*}
\text{\textmu-INTRO} & \\ \Gamma \vdash e : \tau \{ \mu \alpha. \tau / \alpha \} & \Rightarrow & \Gamma \vdash e : \mu \alpha. \tau \\
\text{\textmu-ELIM} & \\ \Gamma \vdash e : \mu \alpha. \tau & \Rightarrow & \Gamma \vdash e : \tau \{ \mu \alpha. \tau / \alpha \}
\end{align*}
\]

Equivalently, we can just allow substitution of equals for equals in type expressions.

### 3 Isorecursive Types

There is another approach to recursive types, the \textit{isorecursive} approach. Here we do not have any infinite types, but rather the expression \( \mu \alpha. \tau \) is itself a type. In this approach, \( \mu \alpha. \tau \) and \( \tau \{ \mu \alpha. \tau / \alpha \} \) are considered distinct (but isomorphic) types.

The step of substituting \( \mu \alpha. \tau \) for \( \alpha \) in \( \tau \) is called \textit{unfolding}, and the reverse operation is called \textit{folding}. The conversion of elements between these two types is accomplished by explicit \textit{fold} and \textit{unfold} operations.

\[
\begin{align*}
\text{\text{unfold}}_{\mu \alpha. \tau} & : \mu \alpha. \tau \to \tau \{ \mu \alpha. \tau / \alpha \} \\
\text{\text{fold}}_{\mu \alpha. \tau} & : \tau \{ \mu \alpha. \tau / \alpha \} \to \mu \alpha. \tau
\end{align*}
\]

We will often suppress the subscripts when there is no ambiguity. In this view, the equality symbol in a recursive equation is not really an equality, but an isomorphism.
3.1 Typing Rules

In the isorecursive view, the typing rules consist of a pair of introduction and elimination rules for $\mu$-types that explicitly mention fold and unfold:

\[
\frac{}{\Gamma \vdash e : \tau} \quad \frac{}{\Gamma \vdash \text{fold } e : \mu \alpha. \tau} \\
\frac{\Gamma \vdash e : \mu \alpha. \tau}{\Gamma \vdash \text{unfold } e : \tau} \quad \frac{\Gamma \vdash e : \mu \alpha. \tau}{\Gamma \vdash e : \tau}
\]

3.2 Operational Semantics

With isorecursive types, we also need to augment the operational semantics. We only need one rule:

\[
\text{unfold (fold } e \text{) } \rightarrow e
\]

Intuitively, to access data in a recursive type $\mu \alpha. \tau$, we need to unfold it first; but the only way that values of type $\mu \alpha. \tau$ could have been created in the first place is via a fold.

3.3 An Example

Suppose we want to write a program to add a list of numbers. The list type is a recursive type, which we can define as $\text{intlist} \equiv \mu \alpha. \text{unit + int} \times \alpha$. Now suppose we want to add up the elements of an intlist. This will be a recursive function, so we would need to take a fixpoint. In the body of this function, we would like to do a case on the intlist $\ell$. But to do a case, we need a sum type, and $\ell$ is a $\mu$-type, so we will have to unfold it first. (OCaml does this automatically when it sees a match.) So the body would be

\[
\text{case unfold } \ell \text{ of} \\
(\lambda u : \text{unit. 0}) \\
| (\lambda p : \text{int} \times \text{intlist}. (#1 p) + f (#2 p))
\]

This is just the same code that you would write in OCaml, except we have broken out some of the things that OCaml hides for you. In particular, we have explicitly shown the recursion in the definition of the intlist type and the unfold that is needed to get the exploded view of the type.

4 Equirecursive vs. Isorecursive

Programming languages deal with recursive types in different ways. Java and Modula-3 take the equirecursive approach, in which the folded and unfolded types are considered equal, and the fold/unfold operations are just the identity functions. Recursive types and their unfoldings are fully substitutable for each other.

```java
class E {
    String x;
    E e;
    public String toString() {
        return e.e.e.e.e.e.e.e.e.e.e.x;
    }
}
```
On the other hand, the ML family, CLU, and C use isorecursive types, in which $\mu \alpha. \tau$ and $\tau \{\mu \alpha. \tau/\alpha\}$ are considered different (but isomorphic) types, and the casting operators fold and unfold are required to go between them. CLU uses “up” and “down” instead of fold and unfold. In OCaml, the unfold operator is performed automatically and implicitly by the “match” and “let” statements and the pattern-matching mechanism. The type constructors in a recursive datatype definition, applied to arguments, act as fold operations.

```ocaml
# type tree = Leaf | Node of tree * tree * int;;

```

5 Numbers as a Recursive Type

We started with primitive types unit, boolean, and int. We have already seen that the type boolean can be represented as unit + unit with values true and false represented by left and right injections respectively. Now that we have recursive types, we no longer need to take int as primitive, but we can define it as a recursive type. A natural number is either 0 or a successor of a natural number. Thus we can take

$$\text{nat} \triangleq \mu \alpha. \text{unit} + \alpha$$

$$0 \triangleq \text{fold} (\text{inl}\text{nat}())$$

$$1 \triangleq \text{fold} (\text{inr}\text{nat}0)$$

$$2 \triangleq \text{fold} (\text{inr}\text{nat}1),$$

and so on. We can use the recursive type nat to code up all of the usual arithmetic, and all these operations are well-typed. For example, the successor function would be

$$\lambda x : \text{nat. fold (inr}\text{nat} x) : \text{nat} \rightarrow \text{nat}.$$ 

So all we really need as primitive types and type constructors are unit, recursive types, products, and sums. With these we can build all the other types like natural numbers, integers, lists, trees, floating point numbers, and so on.

6 Self-Application and $\Omega$

Recall the paradoxical combinator $\Omega$ defined by

$$\omega \triangleq \lambda x. xx \quad \quad \quad \Omega \triangleq \omega \omega.$$ 

We can now give these terms recursive types, provided we insert some folding and unfolding. Since $x$ is applied as a function, it must have some kind of function type, say $\sigma \rightarrow \tau$. But since it is applied to itself as an argument, it must also have type $\sigma$. This seems to indicate that the type of $x$ must satisfy the equation $\sigma = \sigma \rightarrow \tau$. The recursive type $\mu \alpha. (\alpha \rightarrow \tau)$ appears to be in order (here $\tau$ can be anything).

To actually apply $x$ to $x$, we have to unfold it. The type of unfold $x$ is

$$\text{unfold } x : (\mu \alpha. (\alpha \rightarrow \tau)) \rightarrow \tau.$$
This is a function with domain $\mu \alpha. (\alpha \to \tau)$, which is the type of $x$, so we can apply it to $x$. The type of the result $(\text{unfold } x) x$ is $\tau$. Thus the fully typed $\omega$ term is

$$\omega \triangleq (\lambda x : \mu \alpha. (\alpha \to \tau). (\text{unfold } x) x) : (\mu \alpha. (\alpha \to \tau)) \to \tau.$$ 

If we now fold this, we get

$$\text{fold } \omega : \mu \alpha. (\alpha \to \tau).$$

Therefore, we can apply $\omega$ as a function to $\text{fold } \omega$, and the result is

$$\omega \ (\text{fold } \omega) : \tau.$$ 

This is the same as the original $\Omega$ term, but with explicit folding and unfolding.

We can do this in OCaml:

```ocaml
# type u = Fold of (u -> u);;
type u = Fold of (u -> u)
# let omega = fun x -> match x with Fold f -> f x;;
val omega : u -> u = <fun>
# omega (Fold omega);;
...runs forever until you hit control-c
```

So we were finally able to introduce nontermination. But the point is that it passed type-checking, so the program was well-typed.

## 7 Untyped to Typed $\lambda$-Calculus

In fact, with recursive types, we can type everything in the pure untyped lambda calculus. Every $\lambda$-term can be applied as a function to any other $\lambda$-term, so every $\lambda$-term (with appropriate folds and unfolds inserted) has type

$$U \triangleq \mu \alpha. \alpha \to \alpha$$

The translation is

$$[x] \triangleq x$$
$$[e_0 \ e_1] \triangleq (\text{unfold } [e_0]) [e_1]$$
$$[\lambda x. \ e] \triangleq \text{fold } \lambda x : U. [e].$$

Note that every untyped term maps to a term of type $U$. 
