

**Trumansburg Central School District
Charles O. Dickerson High School
Trumansburg, New York 14886**

Memorandum

To: Parent(s) of Trumansburg Student-Athletes

From: Joel T. Wilson, Athletic Director

The information listed below is to help you understand daily procedures that your child needs to follow while participating in athletics at Trumansburg Central School. Please go over the main points and discuss the items with your child. The Parent/Student Pledge Form is attached to this memo and should be signed by both parent(s) and child. The Coach should receive this form within three (3) days of the first practice session. This form also serves as a parent permission form for the athlete to participate in the activity named. If any items are unclear to you, please call me at 387-7551, ext. 426 to discuss them.

Joel T. Wilson
Athletic Director

I. Attendance

A. Days on which activities are held:

To participate in a school activity, the student must be in attendance on the day of the activity by the beginning of first period (8:03 AM) and remain in attendance through the end of the school day or be legally excused from school for this day. The Commissioner of Education recognizes as legal excuses: Religious, educational trip or family emergency.

B. Activities held on non-school days (Saturdays/Holidays):

To participate in a school activity on Saturday/Holiday, the student must be in attendance on the day **before** the activity by the beginning of first period (8:03) and remain in attendance the remainder of this school day. The same conditions and exceptions exist as for #1 above.

***Notes:** Coaches will be reviewing student attendance each day to see if their students qualify to participate that day. Students who are suspended from school for any disciplinary violations of the student code of conduct are suspended from participating in any practices, meetings or contests for the length of the school suspension.

II. Substance Abuse

A. Expectations:

Our students have been taught about both the short-term and long-term dangers associated with the use and abuse of chemical substances. They know that such use and abuse is illegal, puts them in unsafe situations and decreases their endurance so their performance levels are affected. Students must understand that these substances may not be put into their bodies at any time.

If a student from Trumansburg Central School is proven to be guilty in the **sale** of, **consumption** of, or **possession** of, alcohol, tobacco (smoking/chewing), and/or any other drugs, they are subject to the following consequences:

B. Consequences:

1. In-School Event (Violation occurs at a school activity during their season)

A hearing with the Superintendent of Schools will happen. The athletic director, among others, will make a recommendation, based on the severity of the event and the frequency of occurrence, that any or all of the following consequences occur:

- a. Coach imposed discipline within the team
- b. Substance abuse evaluation and counseling
- c. Short term suspension from contests (example: 1/3 of the season)
- d. Long term suspension from contests (example: remainder of school year)

2. Out of School Event (Violation occurs at a non-school activity in their season)

With proof that an athlete has violated the athletic department contract, the coach can (after meeting with the athletic director) invoke any or all of the consequences that were stated above:

Notes: **Coaches can create team rules that are in addition to the above stated athletic department procedures.** The Athletic Director or Principal will determine any items dealing with this procedure that are not clearly defined. Any student suspended from school for substance violations (either In-School or Out of School) is suspended from activities from the time of the disciplinary hearing.

III. NYSPHAA Sportsmanship Guidelines

Trumansburg Central School is a member of Section IV of the NYSPHAA and as such is subject to rules set forth by this association. One that could affect you deals with sportsmanship. This passage comes from the NYSPHAA handbook on page 68.

The association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

Player:

1. Any member of a squad ruled out of a contest for unsportsmanlike conduct or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHAA tournament play. Disqualifications from one season carry over to the next season of participation.

2. Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to do so to an official shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense. **Note:** Member of the squad includes player, manager, scorekeepers, timers, and statisticians.

IV. Student Accident/Injury Insurance

Trumansburg Central School insures all students with a secondary student accident insurance policy through Commercial Travelers Insurance Company. This policy covers the students while they are attending school or are involved in other activities that are school sponsored. This would include physical education classes, athletics, field trips, etc. It is important that all injuries are reported to the teacher, coach and athletic director immediately. It is imperative that this **injury report** be filed within 3 days.

Please Note: This policy is a **secondary** coverage policy. All charges must be **first** submitted through the family's insurance policy. If the family insurance does not completely pay all the charges, then those unpaid charges may be submitted through the school's accident insurance company (Commercial Travelers). Since the district's insurance coverage is a **Limited Coverage Policy**, there are times that the parent will end up paying a portion of the medical charges. If the family does not have an Accident/Injury policy, then this portion could be very substantial. We strongly recommend that all families carry insurance that will cover your child in case of injury. Ms. Uadajane Ketcham, Business Administrator, can answer any questions you may have about this coverage.

V. Modified Sports Philosophy

Modified sports are an extension of the Middle School educational program and as such will follow the philosophy of Middle School education. The Middle School philosophy believes that students should participate in as many varied areas of exploration as possible to broaden their areas of knowledge and challenge them to grow positively in the areas of mental, social and physical health.

Coaches of modified athletes will attempt to keep as many athletes on their teams as possible. Unfortunately, there may be situations where all students who sign up may not be allowed to participate. This may occur in the winter season because of our limited facilities at the Middle school. The modified coach will discuss the selection process with the Parents, Athletic Director, Varsity coach and Middle School Principal if necessary. The total number of athletes kept on each team will be determined by some limiting factors:

- 1) Can the coach supervise all of the athletes in a safe manner?
- 2) Can the coach give each athlete a chance to participate within the timeframe and Rules of this particular sport?
- 3) Can the school district provide equipment and travel for all of the athletes?

PARENT AND STUDENT PLEDGE FORM

Note: This form must be signed and returned to the Coach or Advisor within the first three (3) days of practice time, or the student will not be allowed to attend practice sessions.

Student's Pledge: I have read and understand the procedures and expectations of the Trumansburg Central School District concerning attendance, substance abuse, student accidents and sportsmanship. I understand that I am signing a contract that states for the length of this contract that I will abide by it and be drug free. I pledge to honor all terms of this contract and voluntarily sign this contract sheet.

Sport _____ Level (Circle) Varsity Junior Varsity Modified
Date _____ Student's Signature _____

Parent(s) Pledge: (I), (We), have read and understand the procedures and expectations of the Trumansburg Central School District concerning attendance, substance abuse, student accidents and sportsmanship.
(I), (We), agree to help our child meet the terms of this contract. We further understand that the insurance coverage provided for by Trumansburg Central School is a secondary coverage and is not intended to cover the total cost of necessary medical treatment. (I), (We), further give my/our permission for the student's name that appears on this form to participate in the sport as listed:

Date _____ Parent(s) Signature _____

Coach's Pledge: I state that I have read and discussed the expectations with this student and pledge to help this student, throughout his/her sports season, meet the terms of this contract.

Date _____ Coach's Signature _____

MEDICAL RELEASE FORM

I give permission for my son/daughter _____ to have any medical and/or surgical treatment necessary in the event of a sports injury during the _____ school year.

Person carrying insurance _____

Health Insurance Company _____

Policy # _____

Signature _____ **Date** _____

Home Address _____

Telephone # _____