February 25, 2005

PROMEGRANATE FRUIT

The pomegranate fruit, sometimes spelled as pomegranate, is a seed based fruit that I've seen around in Australia and Malaysia, but never got around to trying it, not being a big fan of fruits.

I got one of them to eat just now though - it retails for RM 3.59 per fruit.
and the pomegranate fruit originates from India. It looks rather like an onion with its bulbous shape and flared ends - a large, reddish onion.

The pomegranate fruit is filled with red seed pulps in segments much like the pomelo fruit. I was told that only the seeds are edible, and not the skin.

Much like the pomelo fruit, the pitted areas around the skin and segments tastes bitter, but the seeds have a slightly muted tartness...muted being the keyword here. I found the fruit rather bland, to be honest, and didn't find eating it fresh particularly interesting, though I imagine it would go well in other preparations.

Posted in by Huai Bin at February 25, 2005 07:25 PM

Comments
ah..i knew it..this is called 'delima' in indonesia,it tasted good if we mixed it with milk coconut n sugar..n sometimes with jackfruit..lol..^^"

Posted by: Putri M. at September 2, 2006 11:07 AM

I heard a good way to eat the pomegranate is to cut it open, and hold the half such that the open part is facing down (preferably over a plate) and then you begin to whack the back of the pomegranate half with say, a heavy wooden spoon, and all the little seeds will drop out onto the plate, underneath...
its supposed to be good with salads, apparently... just sprinkle a few seeds around the salad...neva tried it with salad tho...

speakin of fruits, I love the persimmon..

Posted by: Odysseus at March 2, 2005 11:57 AM

Tommy: yeah we ate it as soon as it's split by a knife..you mean these aren't fresh?

Posted by: killuminati at March 2, 2005 01:00 AM

Pomegranates are best right after they split open-- that's when they're the sweetest. If you get one that's ripe, you might like it more.

Posted by: Tommy at March 1, 2005 03:22 PM

moo_t: i haven't tried the ones from spain, but it sounds like it'll taste better...i still think it looks like an onion though.

mad5598: pomegranates are tart onions. ;)

fish fish: sounds great, i love meat, but i'm not particularly fond of vegies and fruit.

Posted by: killuminati at February 26, 2005 12:15 PM

Heeee... good news for fish fish. Next time you can throw all kinds of fruits into my dish, I'll barter them with the steak in my plate. :P

Posted by: fish fish at February 26, 2005 11:50 AM

HB! Hats off f ur daring taste f food. Cheers n happy trip back

Posted by: mad5598 at February 25, 2005 10:03 PM

It seems "Spain pomegranate" with smaller edible seed taste better. But I think pomegranate serve best for its fruits ornamental looks. The fruits looks like ruby. Pomegranate red (石榴红) is a pleasant color.

Posted by: moo_t at February 25, 2005 07:43 PM

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