Epilogue

When it comes to establishing and respecting boundaries, married couples can be very different.

There are those who want to grow in their marriage but had a "bad start". Like Adam and Eve, they used to point the finger at each other and get stuck. But they learn. They recognize the plank in their own eyes, remove it, take responsibility for their actions, and discover that their self-control leads to the deeper love that they had missed so far. For them, the journey of growth is not easy at all, but they travel the road willingly. If that is you, hold on to what you have, and you will see a tremendous amount of growth.

Him, who overcomes, I will make a pillar in the temple of God (Revelation 3:12a).

Then there are the people, who have never taken a stand against hurt or evil in their marriage. They have been too afraid or too guilty to confront behavior that destroys love. And as a result, the hurt has increased more and more. Then they discover that God stands up for love and against evil, for freedom and responsibility against domination and control. And they join God, begin to set boundaries, and as a result their spouses begin to change as well. Because they were brave enough to take a stance to protect what they value, their marriage is turned around and saved. If that is your situation or the result that you hope for, take courage and be not afraid of what you are to suffer.

Be faithful, even to the point of death, and I will give you the crown of life. (Revelation 2:10).

Then there are those, who have done the right thing, taken a stand for the good, but have been rejected by their spouse. They have suffered for their stand, but the outcome was only partially good. They have gained freedom from evil, but their spouses have turned against them, and the love they desired to find in their marriage has eluded them. They have to find love and support from their friends and their church. If that is what happened to you, my heart goes out to you. You have done well. May God bless you for your courage and perseverance.

Who is going to harm you if you are eager to do good. But even if you suffer for what is right, you are blessed. (1. Peter 3:13–14a)

And then there are those people who need to be warned. They are the people who misuse boundaries to seek control, but continue to live in denial and blame themselves. They refuse to take the plank out of their eye, but try to blame and judge others. Make sure that you do not fall into this group. Before looking at the flaws of others, look at yourself first, and guard against using your freedom in Christ for your own selfish purposes (Galatians 5:13).
I know your deeds; you have a reputation of being alive, but you are dead. Wake up! Strengthen what remains and is about to die, for I have not found your deeds complete in the sight of my God. Remember, therefore, what you have received and heard; obey it and repent. But if you do not wake up, I will come like a thief and you will not know at what time I will come to you. (Revelation 3:1b–3).

Whatever your situation is, learn to embrace boundaries in a Godly way. God always fights for love, often at his own expense, but never at the expense of another person. If you do likewise, your life will be blessed, and the chances are high that your marriage will experience growth and blessing as well.

Acknowledgments

Most of these notes are based on the books “Boundaries” and “Boundaries in Marriage” by Drs. Henry Cloud & John Townsend. Thank you for putting so much effort into writing these books. They were a great source of inspiration for me and helped me learn a lot for my own life during the preparation of this material. I am still learning to put all this it into practice.

My thanks go also to my Sunday School class at Tabernacle Baptist Church in Ithaca, New York. Thank you for going through this subject with me for the past two years, for allowing me to touch a part of your life during this time, and for encouraging me with your feedback and questions. You had a strong impact on my personal and spiritual growth and contributed a lot to this “final” version of the notes.