## Our First Hyperparameters: Mini-batching, Regularization, and Momentum

CS6787 Lecture 3 — Fall 2019

#### Where we left off

• We talked about how we can compute gradients easily and efficiently using ML frameworks.

• We talked about **overfitting**, which can negatively impact generalization from the training set to the test set.

- We saw in the paper we read that **early stopping** is one way that overfitting can be prevented.
  - It's an important technique, but I won't cover it in today's lecture since we already covered it in the paper.

### How to address overfitting

- Many, many techniques to deal with overfitting
  - Have varying computational costs
- But this is a systems course...so what can we do with little or no extra computational cost?

- Notice from the demo that some loss functions do better than others
  - E.g. the linear loss function did better than the polynomial loss function
  - Can we modify our loss function to prevent overfitting?

### Regularization

• Add an extra regularization term to the objective function

• Most popular type: L2 regularization

$$h(w) = \frac{1}{N} \sum_{i=1}^{N} f(w; x_i) + \sigma^2 ||w||_2^2 = \frac{1}{N} \sum_{i=1}^{N} f(w; x_i) + \sigma^2 \sum_{k=1}^{d} x_k^2$$

• Also popular: L1 regularization

$$h(w) = \frac{1}{N} \sum_{i=1}^{N} f(w; x_i) + \gamma ||w||_1 = \frac{1}{N} \sum_{i=1}^{N} f(w; x_i) + \gamma \sum_{k=1}^{d} ||x_k||$$

### Benefits of Regularization

- Cheap to compute
  - For SGD and L2 regularization, there's just an extra scaling

$$w_{t+1} = (1 - 2\alpha_t \sigma^2) w_t - \alpha_t \nabla f(w_t; x_{i_t})$$

- L2 regularization makes the objective strongly convex
  - This makes it easier to get and prove bounds on convergence
- Helps with overfitting

# Demo

### How to choose the regularization parameter?

- One way is to use an independent **validation set** to estimate the test error, and set the regularization parameter manually so that it is high enough to avoid overfitting
  - This is what we saw in the demo

- But doing this naively can be computationally expensive
  - Need to re-run learning algorithm many times
- Yet another use case for hyperparameter optimization

### More general forms of regularization

- Regularization is used more generally to describe anything that helps prevent overfitting
  - By biasing learning by making some models more desirable a priori

- Many techniques that give throughput improvements also have a regularizing effect
  - Sometimes: a win-win of better statistical and hardware performance

# Mini-Batching

#### Gradient Descent vs. SGD

• Gradient descent: all examples at once

$$w_{t+1} = w_t - \alpha_t \frac{1}{N} \sum_{i=1}^{N} \nabla f(w_t; x_i)$$

• Stochastic gradient descent: one example at a time

$$w_{t+1} = w_t - \alpha_t \nabla f(w_t; x_{i_t})$$

• Is it really all or nothing? Can we do something intermediate?

#### Mini-Batch Stochastic Gradient Descent

• An intermediate approach

$$w_{t+1} = w_t - \alpha_t \frac{1}{|B_t|} \sum_{i \in B_t} \nabla f(w_t; x_i)$$

where  $B_t$  is sampled uniformly from the set of all subsets of  $\{1, ..., N\}$  of size b.

- The b parameter is the **batch size**
- Typically choose b << N.
- Also called mini-batch gradient descent

# How does runtime cost of Mini-Batch compare to SGD and Gradient Descent?

- Takes less time to compute each update than gradient descent
  - Only needs to sum up b gradients, rather than N

$$w_{t+1} = w_t - \alpha_t \frac{1}{|B_t|} \sum_{i \in B_t} \nabla f(w_t; x_i)$$

- But takes more time for each update than SGD
  - So what's the benefit?
- It's more like gradient descent, so maybe it converges faster than SGD?

### Mini-Batch SGD Converges

• Start by breaking up the update rule into expected update and noise

$$w_{t+1} - w^* = w_t - w^* - \alpha_t \left( \nabla h(w_t) - \nabla h(w^*) \right)$$
$$- \alpha_t \frac{1}{|B_t|} \sum_{i \in B_t} \left( \nabla f(w_t; x_i) - \nabla h(w_t) \right)$$

Second moment bound

$$\mathbf{E} \left[ \| w_{t+1} - w^* \|^2 \right] = \mathbf{E} \left[ \| w_t - w^* - \alpha_t \left( \nabla h(w_t) - \nabla h(w^*) \right) \|^2 \right]$$

$$+ \alpha_t^2 \mathbf{E} \left[ \left\| \frac{1}{|B_t|} \sum_{i \in B_t} \left( \nabla f(w_t; x_i) - \nabla h(w_t) \right) \right\|^2 \right]$$

Let 
$$\Delta_i = \nabla f(w_t; x_i) - \nabla h(w_t)$$

$$\mathbf{E} \left[ \left\| \frac{1}{|B_t|} \sum_{i \in B_t} \left( \nabla f(w_t; x_i) - \nabla h(w_t) \right) \right\|^2 \right]$$

$$= \mathbf{E} \left[ \left\| \frac{1}{|B_t|} \sum_{i \in B_t} \Delta_i \right\|^2 \right]$$

• Because we sampled B uniformly at random, for  $i \neq j$ 

$$\mathbf{E}\left[\beta_{i}\beta_{j}\right] = \mathbf{P}\left(i \in B \land j \in B\right) = \mathbf{P}\left(i \in B\right)\mathbf{P}\left(j \in B \middle| i \in B\right) = \frac{b}{N} \cdot \frac{b-1}{N-1}$$

$$\mathbf{E}\left[\beta_{i}^{2}\right] = \mathbf{P}\left(i \in B\right) = \frac{b}{N}$$

• So we can bound our square error term as

$$\mathbf{E}\left[\left\|\frac{1}{|B_t|}\sum_{i\in B_t}\left(\nabla f(w_t;x_i) - \nabla h(w_t)\right)\right\|^2\right] = \frac{1}{|B_t|^2}\mathbf{E}\left[\sum_{i=1}^N\sum_{j=1}^N\beta_i\beta_j\Delta_i^T\Delta_j\right]$$
$$= \frac{1}{b^2}\mathbf{E}\left[\sum_{i\neq j}\frac{b(b-1)}{N(N-1)}\Delta_i^T\Delta_j + \sum_{i=1}^N\frac{b}{N}\|\Delta_i\|^2\right]$$

$$\mathbf{E}\left[\left\|\frac{1}{|B_t|}\sum_{i\in B_t}\left(\nabla f(w_t;x_i) - \nabla h(w_t)\right)\right\|^2\right] = \frac{1}{bN}\mathbf{E}\left[\frac{b-1}{N-1}\sum_{i\neq j}\Delta_i^T\Delta_j + \sum_{i=1}^N\|\Delta_i\|^2\right]$$

$$\mathbf{E}\left[\left\|\frac{1}{|B_t|}\sum_{i\in B_t}\left(\nabla f(w_t;x_i) - \nabla h(w_t)\right)\right\|^2\right] = \frac{N-b}{b(N-1)}\mathbf{E}\left[\frac{1}{N}\sum_{i=1}^N \|\Delta_i\|^2\right]$$

• Compared with SGD, squared error term decreased by a factor of b

• Recall that SGD converged to a noise ball of size

$$\lim_{T \to \infty} \mathbf{E} \left[ \| w_T - w^* \|^2 \right] \le \frac{\alpha M}{2\mu - \alpha \mu^2}$$

• Since mini-batching decreases error term by a factor of **b**, it will have

$$\lim_{T \to \infty} \mathbf{E} \left[ \| w_T - w^* \|^2 \right] \le \frac{\alpha M}{(2\mu - \alpha\mu^2)b}$$

• Noise ball smaller by the same factor!

### Advantages of Mini-Batch (reprise)

- Takes less time to compute each update than gradient descent
  - Only needs to sum up b gradients, rather than N

$$w_{t+1} = w_t - \alpha_t \frac{1}{|B_t|} \sum_{i \in B_t} \nabla f(w_t; x_i)$$

• Converges to a smaller noise ball than stochastic gradient descent

$$\lim_{T \to \infty} \mathbf{E} \left[ \| w_T - w^* \|^2 \right] \le \frac{\alpha M}{(2\mu - \alpha\mu^2)b}$$

#### How to choose the batch size?

#### • Mini-batching is not a free win

- Naively, compared with SGD, it takes **b** times as much effort to get a **b**-times-as-accurate answer
- But we could have gotten a **b**-times-as-accurate answer by just running SGD for **b** times as many steps with a step size of  $\alpha/b$ .
- But it still makes sense to run it for systems and statistical reasons
  - Mini-batching exposes more parallelism
  - Mini-batching lets us estimate statistics about the full gradient more accurately
- Another use case for hyperparameter optimization

### Mini-Batch SGD is very widely used

- Including in basically all neural network training
- b = 32 is a typical default value for batch size
  - From "Practical Recommendations for Gradient-Based Training of Deep Architectures," Bengio 2012.

# Another class of technique: Acceleration and Momentum

### How does the step size affect convergence?

• Let's go back to gradient descent

$$x_{t+1} = x_t - \alpha \nabla f(x_t)$$

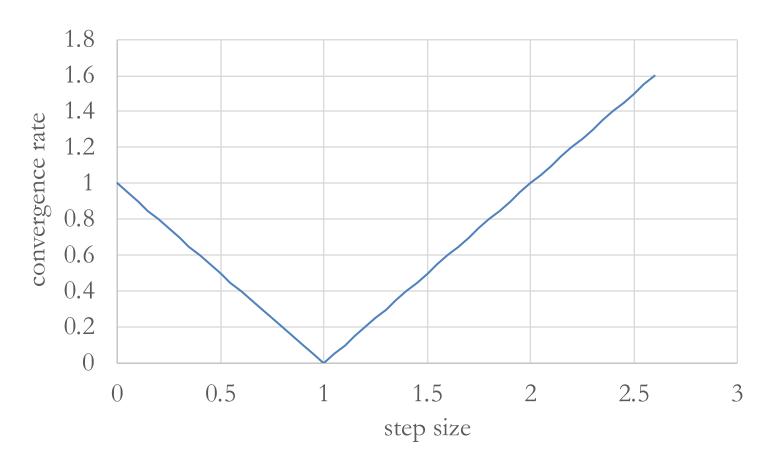
• Simplest possible case: a quadratic function

$$f(x) = \frac{1}{2}x^{2}$$

$$x_{t+1} = x_{t} - \alpha x_{t} = (1 - \alpha)x_{t}$$

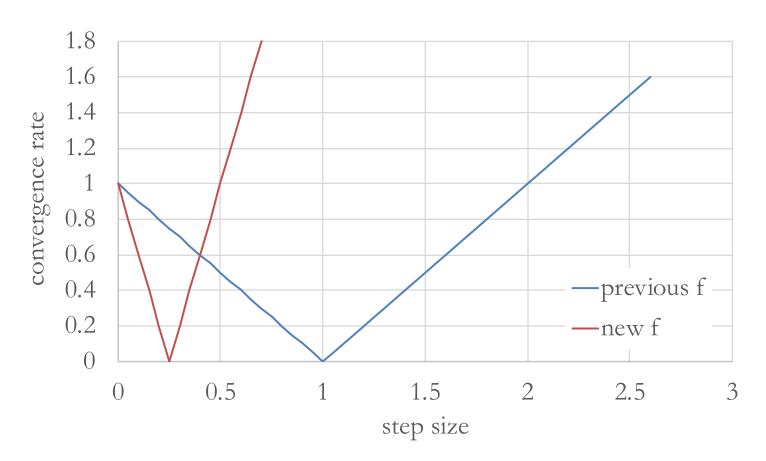
### Step size vs. convergence: graphically

$$|x_{t+1} - 0| = |1 - \alpha| |x_t - 0|$$



#### What if the curvature is different?

$$f(x) = 2x^2$$
  $x_{t+1} = x_t - 4\alpha x_t = (1 - 4\alpha)x_t$ 



### Step size vs. curvature

- For these one-dimensional quadratics, how we should set the step size depends on the curvature
  - More curvature → smaller ideal step size
- What about higher-dimensional problems?
  - Let's look at a really simple quadratic that's just a sum of our examples.

$$f(x,y) = \frac{1}{2}x^2 + 2y^2$$

### Simple two dimensional problem

$$f(x,y) = \frac{1}{2}x^2 + 2y^2$$

Gradient descent:

$$\begin{bmatrix} x_{t+1} \\ y_{t+1} \end{bmatrix} = \begin{bmatrix} x_t \\ y_t \end{bmatrix} - \alpha \begin{bmatrix} x_t \\ 4y_t \end{bmatrix}$$
$$= \begin{bmatrix} 1 - \alpha & 0 \\ 0 & 1 - 4\alpha \end{bmatrix} \begin{bmatrix} x_t \\ y_t \end{bmatrix}$$

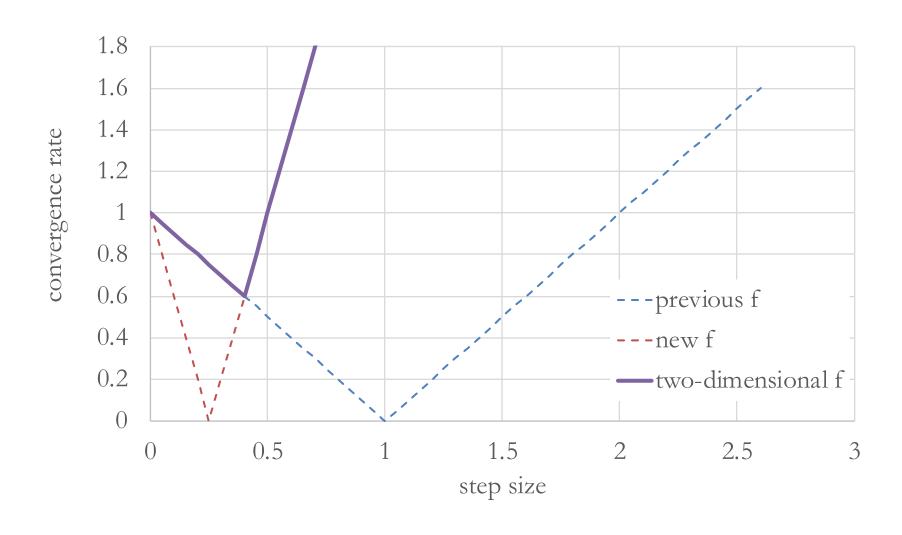
### What's the convergence rate?

• Look at the worst-case contraction factor of the update

$$\max_{x,y} \frac{\left\| \begin{bmatrix} 1-\alpha & 0 \\ 0 & 1-4\alpha \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} \right\|}{\left\| \begin{bmatrix} x \\ y \end{bmatrix} \right\|} = \max(\left|1-\alpha\right|, \left|1-4\alpha\right|)$$

• Contraction is maximum of previous two values.

### Convergence of two-dimensional quadratic



### What does this example show?

• We'd like to set the step size larger for dimension with less curvature, and smaller for the dimension with more curvature.

• But we can't, because there is only a single step-size parameter.

- There's a trade-off
  - Optimal convergence rate is **substantially worse than** what we'd get in each scenario individually individually we converge in one iteration.

### For general quadratics

• For PSD symmetric A,  $f(x) = \frac{1}{2}x^TAx$ 

• Gradient descent has update step

$$x_{t+1} = x_t - \alpha A x_t = (I - \alpha A) x_t$$

• What does the convergence rate look like in general?

### Convergence rate for general quadratics

$$\max_{x} \frac{\|(I - \alpha A)x\|}{\|x\|} = \max_{x} \frac{1}{\|x\|} \left\| \left( I - \alpha \sum_{i=1}^{n} \lambda_{i} u_{i} u_{i}^{T} \right) x \right\|$$

$$= \max_{x} \frac{\left\| \sum_{i=1}^{n} (1 - \alpha \lambda_{i}) u_{i} u_{i}^{T} x \right\|}{\left\| \sum_{i=1}^{n} u_{i} u_{i}^{T} x \right\|}$$

$$= \max_{i} |1 - \alpha \lambda_{i}|$$

$$= \max_{i} (1 - \alpha \lambda_{\min}, \alpha \lambda_{\max} - 1)$$

### Optimal convergence rate

• Minimize:

$$\max(1 - \alpha \lambda_{\min}, \alpha \lambda_{\max} - 1)$$

• Optimal value occurs when

$$1 - \alpha \lambda_{\min} = \alpha \lambda_{\max} - 1 \Rightarrow \alpha = \frac{\lambda_{\max}}{\lambda_{\max} + \lambda_{\min}}$$

• Optimal rate is

$$\max(1 - \alpha \lambda_{\min}, \alpha \lambda_{\max} - 1) = \frac{\lambda_{\max} - \lambda_{\min}}{\lambda_{\max} + \lambda_{\min}}$$

### What affects this optimal rate?

$$\text{rate} = \frac{\lambda_{\text{max}} - \lambda_{\text{min}}}{\lambda_{\text{max}} + \lambda_{\text{min}}}$$
$$= \frac{\lambda_{\text{max}}/\lambda_{\text{min}} - 1}{\lambda_{\text{max}}/\lambda_{\text{min}} + 1}$$
$$= \frac{\kappa - 1}{\kappa + 1}.$$

• Here,  $\kappa$  is called the **condition** number of the matrix **A**.

$$\kappa = \frac{\lambda_{\text{max}}}{\lambda_{\text{min}}}$$

- Problems with larger condition numbers converge slower.
  - Called poorly conditioned.

### Poorly conditioned problems

• Intuitively, these are problems that are highly curved in some directions but flat in others

- Happens pretty often in machine learning
  - Measure something unrelated  $\rightarrow$  low curvature in that direction
  - Also affects stochastic gradient descent
- How do we deal with this?

### Momentum

#### Motivation

- Can we tell the difference between the curved and flat directions using information that is already available to the algorithm?
- Idea: in the one-dimensional case, if the gradients are **reversing sign**, then the step size is too large
  - Because we're over-shooting the optimum
  - And if the gradients stay in the same direction, then step size is too small
- Can we leverage this to make steps smaller when gradients reverse sign and larger when gradients are consistently in the same direction?

#### Polyak Momentum

• Add extra momentum term to gradient descent

$$x_{t+1} = x_t - \alpha \nabla f(x_t) + \beta (x_t - x_{t-1})$$

- Intuition: if current gradient step is in same direction as previous step, then move a little further in that direction.
  - And if it's in the opposite direction, move less far.
- Also known as the **heavy ball method**.

#### Momentum for 1D Quadratics

$$f(x) = \frac{\lambda}{2}x^2$$

Momentum gradient descent gives

$$x_{t+1} = x_t - \alpha \lambda x_t + \beta (x_t - x_{t-1})$$
$$= (1 + \beta - \alpha \lambda) x_t - \beta x_{t-1}$$

## Characterizing momentum for 1D quadratics

• Start with  $x_{t+1} = (1 + \beta - \alpha \lambda)x_t - \beta x_{t-1}$ 

• Trick: let  $x_t = \beta^{t/2} z_t$ 

$$\beta^{(t+1)/2} z_{t+1} = (1 + \beta - \alpha \lambda) \beta^{t/2} z_t - \beta \cdot \beta^{(t-1)/2} z_{t-1}$$

$$z_{t+1} = \frac{1 + \beta - \alpha\lambda}{\sqrt{\beta}} z_t - z_{t-1}$$

### Characterizing momentum (continued)

• Let

$$u = \frac{1 + \beta - \alpha \lambda}{2\sqrt{\beta}}$$

• Then we get the simplified characterization

$$z_{t+1} = 2uz_t - z_{t-1}$$

• This is a degree-t polynomial in **u** 

• If we initialize such that  $z_0 = 1$ ,  $z_1 = u$  then these are a special family of polynomials called the **Chebyshev polynomials** 

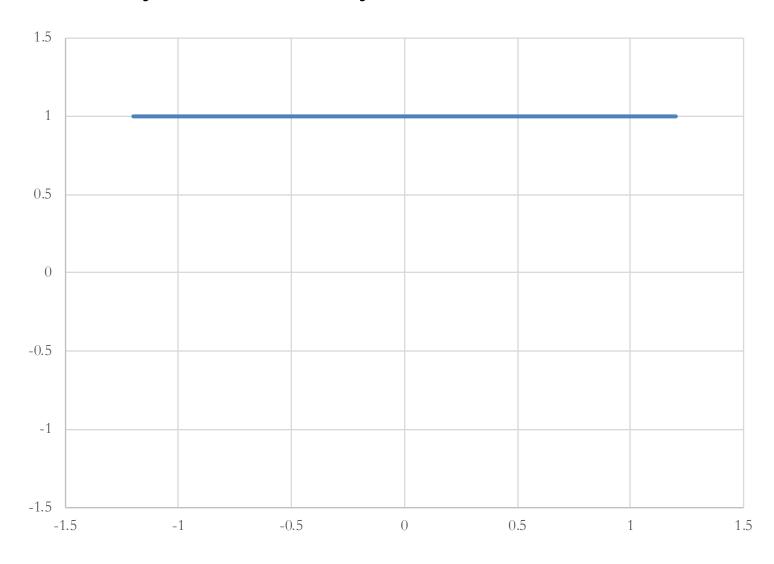
$$z_{t+1} = 2uz_t - z_{t-1}$$

Standard notation:

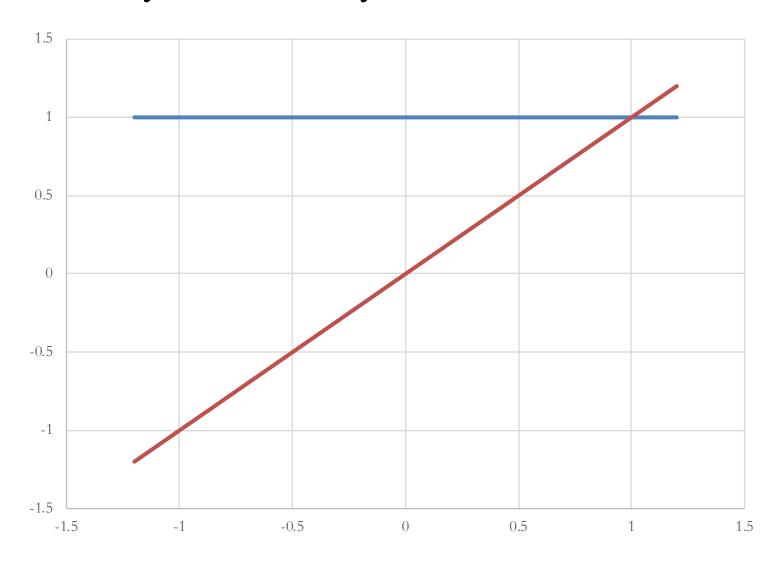
$$T_{t+1}(u) = 2uT_t(u) - T_{t-1}(u)$$

• These polynomials have an important property: for all t

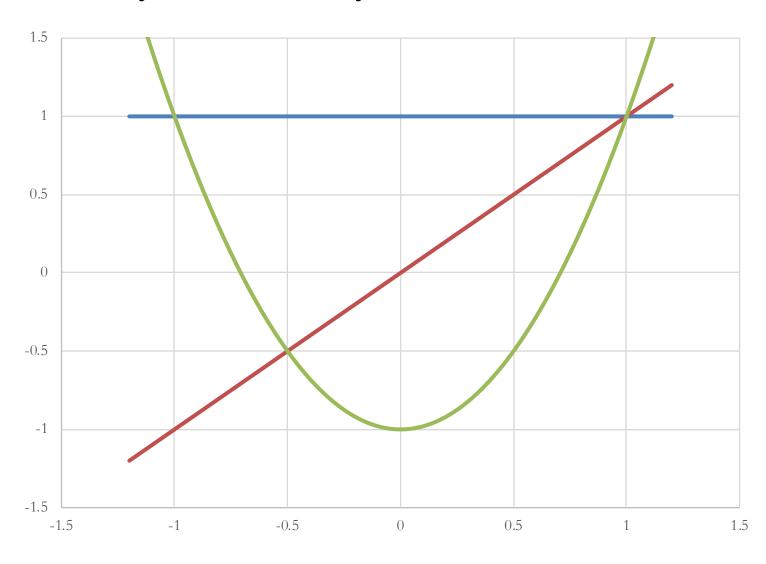
$$-1 \le u \le 1 \Rightarrow -1 \le z_t \le 1$$



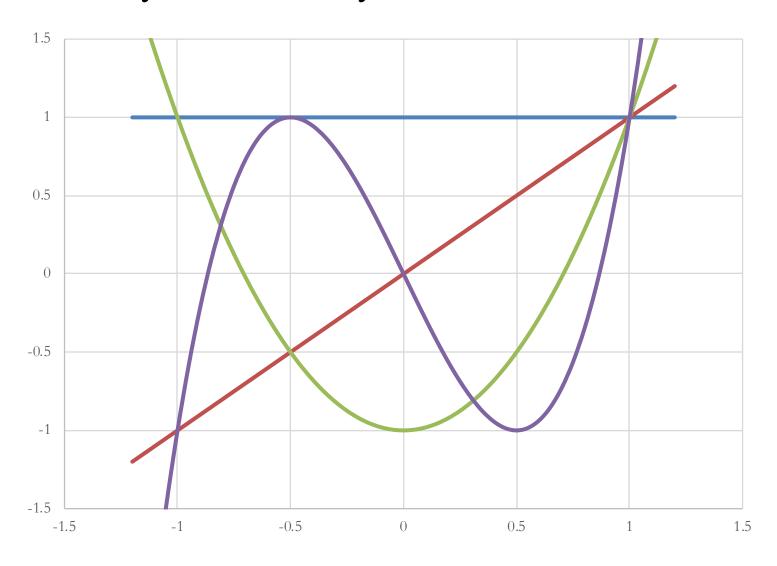
$$T_0(u) = 1$$

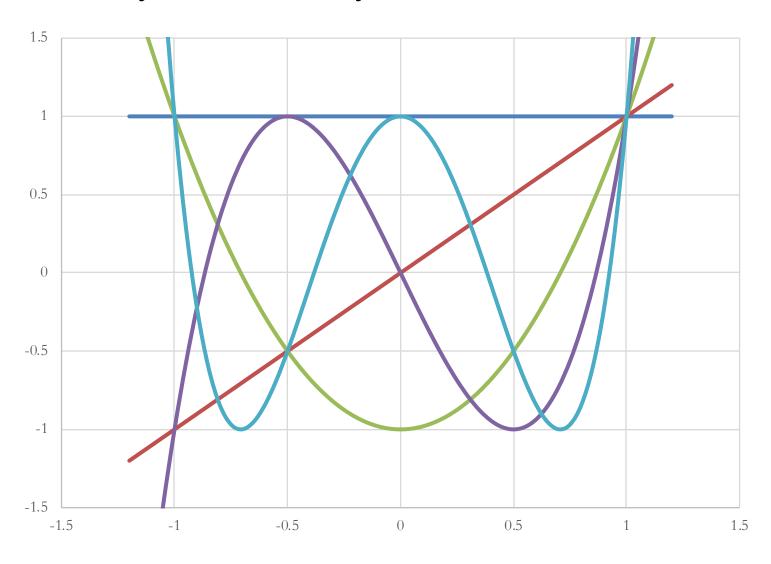


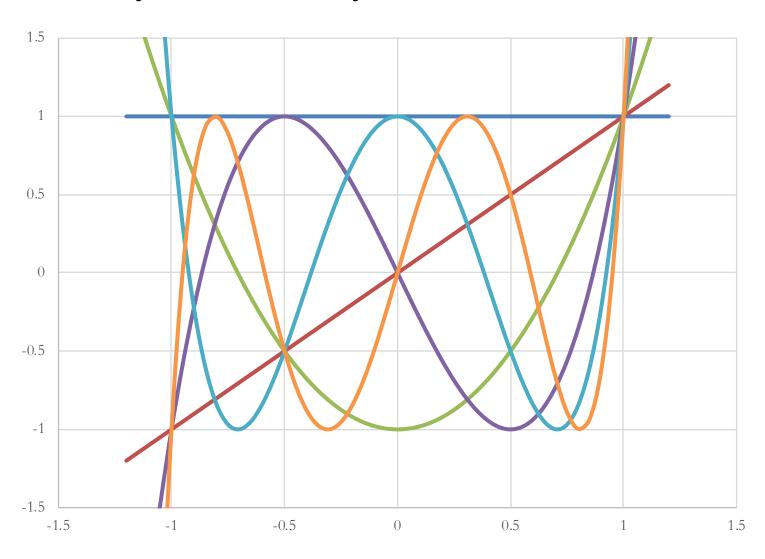
$$T_1(u) = u$$

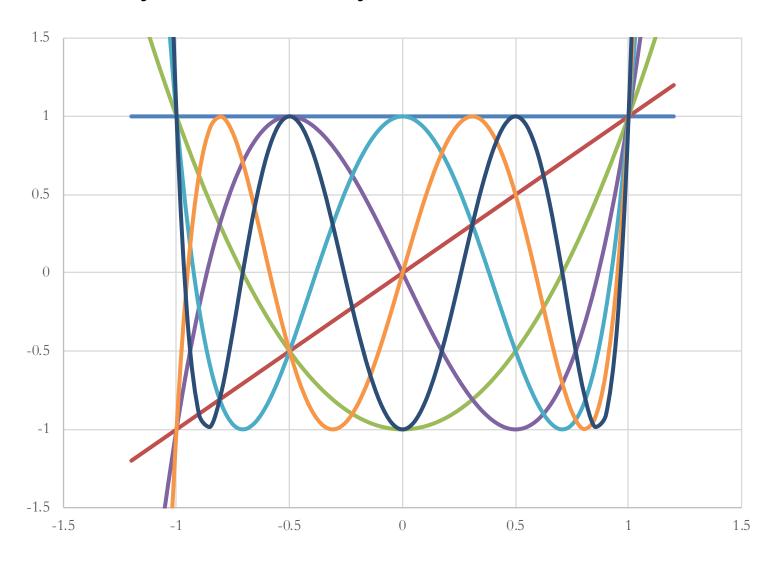


$$T_2(u) = 2u^2 - 1$$









### Characterizing momentum (continued)

- What does this mean for our 1D quadratics?
  - Recall that we let  $x_t = \beta^{t/2} z_t$

$$x_t = \beta^{t/2} \cdot x_0 \cdot T_t(u)$$

$$= \beta^{t/2} \cdot x_0 \cdot T_t \left( \frac{1 + \beta - \alpha \lambda}{2\sqrt{\beta}} \right)$$

• So

$$-1 \le \frac{1+\beta-\alpha\lambda}{2\sqrt{\beta}} \le 1 \Rightarrow |x_t| \le \beta^{t/2} |x_0|$$

#### Consequences of momentum analysis

- Convergence rate depends only on momentum parameter β
  - Not on step size or curvature.

- We don't need to be that precise in setting the step size
  - It just needs to be within a window
  - Pointed out in "YellowFin and the Art of Momentum Tuning" by Zhang et. al.
- If we have a multidimensional quadratic problem, the **convergence rate** will be the same in all directions
  - This is different from the gradient descent case where we had a trade-off

#### Choosing the parameters

• How should we set the step size and momentum parameter if we only have bounds on  $\lambda$  ?

• Need:

$$-1 \le \frac{1 + \beta - \alpha \lambda}{2\sqrt{\beta}} \le 1$$

• Suffices to have:

$$-1 = \frac{1 + \beta - \alpha \lambda_{\text{max}}}{2\sqrt{\beta}} \text{ and } \frac{1 + \beta - \alpha \lambda_{\text{min}}}{2\sqrt{\beta}} = 1$$

• Adding both equations:

$$0 = \frac{2 + 2\beta - \alpha\lambda_{\max} - \alpha\lambda_{\min}}{2\sqrt{\beta}}$$

$$0 = 2 + 2\beta - \alpha\lambda_{\max} - \alpha\lambda_{\min}$$

$$\alpha = \frac{2 + 2\beta}{\lambda_{\text{max}} + \lambda_{\text{min}}}$$

• Subtracting both equations:

$$\frac{1 + \beta - \alpha \lambda_{\min} - 1 - \beta + \alpha \lambda_{\max}}{2\sqrt{\beta}} = 2$$
$$\frac{\alpha(\lambda_{\max} - \lambda_{\min})}{2\sqrt{\beta}} = 2$$

• Combining these results:

$$\alpha = \frac{2 + 2\beta}{\lambda_{\text{max}} + \lambda_{\text{min}}} \quad \frac{\alpha(\lambda_{\text{max}} - \lambda_{\text{min}})}{2\sqrt{\beta}} = 2$$

$$\frac{2+2\beta}{\lambda_{\max}+\lambda_{\min}} \cdot \frac{(\lambda_{\max}-\lambda_{\min})}{2\sqrt{\beta}} = 2$$

$$0 = 1 - 2\sqrt{\beta} \frac{\lambda_{\max} + \lambda_{\min}}{\lambda_{\max} - \lambda_{\min}} + \beta$$

• Quadratic formula:

$$0 = 1 - 2\sqrt{\beta} \frac{\lambda_{\max} + \lambda_{\min}}{\lambda_{\max} - \lambda_{\min}} + \beta$$

$$\sqrt{\beta} = \frac{\kappa + 1}{\kappa - 1} - \sqrt{\left(\frac{\kappa + 1}{\kappa - 1}\right)^2 - 1}$$

$$= \frac{\kappa + 1}{\kappa - 1} - \sqrt{\frac{4\kappa}{\kappa^2 - 2\kappa + 1}}$$

$$= \frac{\kappa + 1}{\kappa - 1} - \frac{2\sqrt{\kappa}}{\kappa - 1} = \frac{(\sqrt{\kappa} - 1)^2}{\kappa - 1} = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}$$

#### Gradient Descent versus Momentum

• Recall: gradient descent had a convergence rate of

$$\frac{\kappa - 1}{\kappa + 1}$$

• But with momentum, the optimal rate is

$$\sqrt{\beta} = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}$$

• This is called convergence at an accelerated rate

# Demo

#### Setting the parameters

• How do we set the momentum in practice for machine learning?

• One method: hyperparameter optimization

- Another method: just set  $\beta = 0.9$ 
  - Works across a range of problems
  - Actually quite popular in deep learning

# Nesterov momentum

#### What about more general functions?

• Previous analysis was for quadratics

• Does this work for general convex functions?

- Answer: not in general
  - We need to do something slightly different

#### Nesterov Momentum

• Slightly different rule

$$x_{t+1} = y_t - \alpha \nabla f(y_t)$$
  
$$y_{t+1} = x_{t+1} + \beta (x_{t+1} - x_t)$$

• Main difference: separate the momentum state from the point that we are calculating the gradient at.

#### Nesterov Momentum Analysis

• Converges at an accelerated rate for ANY convex problem

$$\sqrt{\frac{\sqrt{\kappa}-1}{\sqrt{\kappa}}}$$

• Optimal assignment of the parameters:

$$\alpha = \frac{1}{\lambda_{\text{max}}}, \, \beta = \frac{\sqrt{\kappa - 1}}{\sqrt{\kappa + 1}}$$

#### Nesterov Momentum is Also Very Popular

• People use it in practice for deep learning all the time

• Significant speedups in practice

# Demo

#### What about SGD?

• All our above analysis was for gradient descent

• But momentum still produces empirical improvements when used with stochastic gradient descent

• And we'll see how in one of the papers we're reading on Wednesday

#### Questions?

- Upcoming things
  - Paper 1 review due Today
  - Next paper presentations on Wednesday