

Acceleration and Momentum

CS6787 Lecture 3 — Fall 2018

First, some announcements

- Presentation length **reduced to 15–20 mins**
 - To make more time for discussion
 - Please prepare for 15 minutes, to allow time for questions
- This week's reviews extended to be **due on Wednesday.**
 - Since we left off discussion until today
 - Two late days available as usual

Parameters for paper reviews

- Paper reviews should be about one page (single-spaced) in length.
- The review should roughly mirror what an actual conference review would look like
 - Although you don't need to assign scores or anything like that
- In particular you should at least:
 1. Summarize the paper
 2. Discuss the paper's strengths and weaknesses
 3. Discuss the paper's impact

Paper 1b Discussion

Acceleration and Momentum

CS6787 Lecture 3 — Fall 2018

How does the step size affect convergence?

- Let's go back to gradient descent

$$x_{t+1} = x_t - \alpha \nabla f(x_t)$$

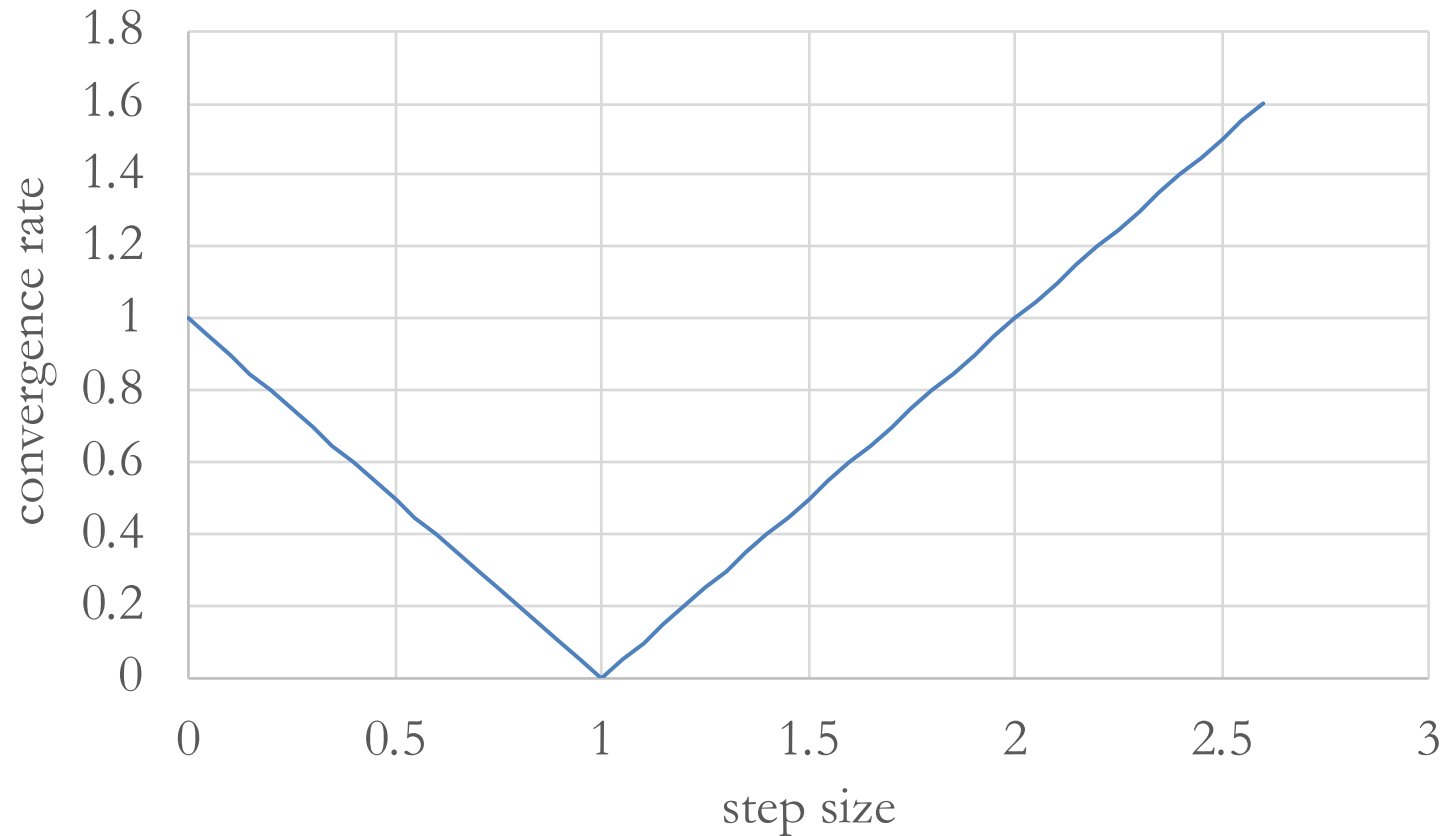
- Simplest possible case: a quadratic function

$$f(x) = \frac{1}{2}x^2$$

$$x_{t+1} = x_t - \alpha x_t = (1 - \alpha)x_t$$

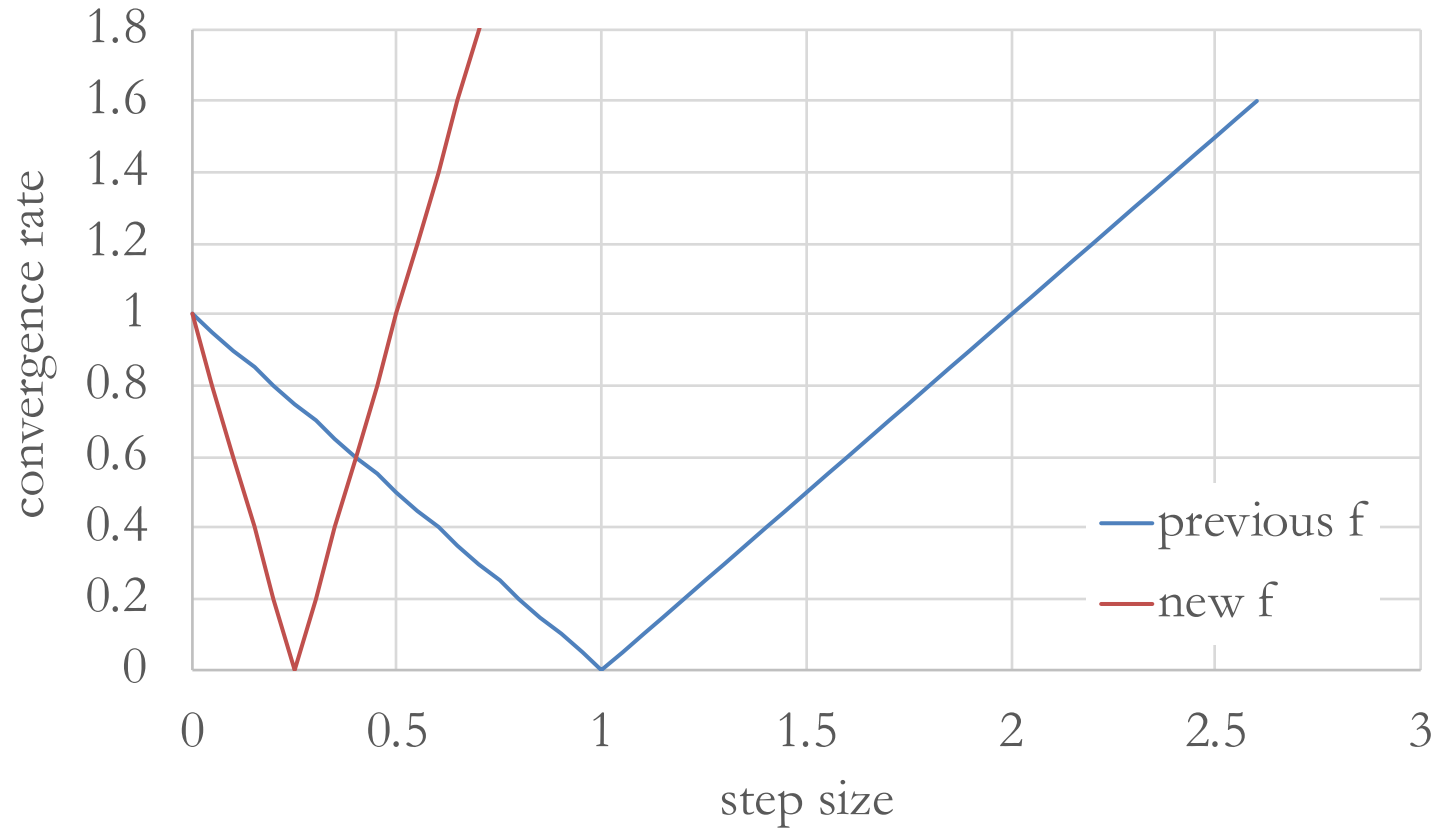
Step size vs. convergence: graphically

$$|x_{t+1} - 0| = |1 - \alpha| |x_t - 0|$$



What if the curvature is different?

$$f(x) = 2x^2 \quad x_{t+1} = x_t - 4\alpha x_t = (1 - 4\alpha)x_t$$



Step size vs. curvature

- For these one-dimensional quadratics, how we should set **the step size depends on the curvature**
 - More curvature \rightarrow smaller ideal step size
- What about higher-dimensional problems?
 - Let's look at a really simple quadratic that's just a sum of our examples.

$$f(x, y) = \frac{1}{2}x^2 + 2y^2$$

Simple two dimensional problem

$$f(x, y) = \frac{1}{2}x^2 + 2y^2$$

- Gradient descent:

$$\begin{aligned} \begin{bmatrix} x_{t+1} \\ y_{t+1} \end{bmatrix} &= \begin{bmatrix} x_t \\ y_t \end{bmatrix} - \alpha \begin{bmatrix} x_t \\ 4y_t \end{bmatrix} \\ &= \begin{bmatrix} 1 - \alpha & 0 \\ 0 & 1 - 4\alpha \end{bmatrix} \begin{bmatrix} x_t \\ y_t \end{bmatrix} \end{aligned}$$

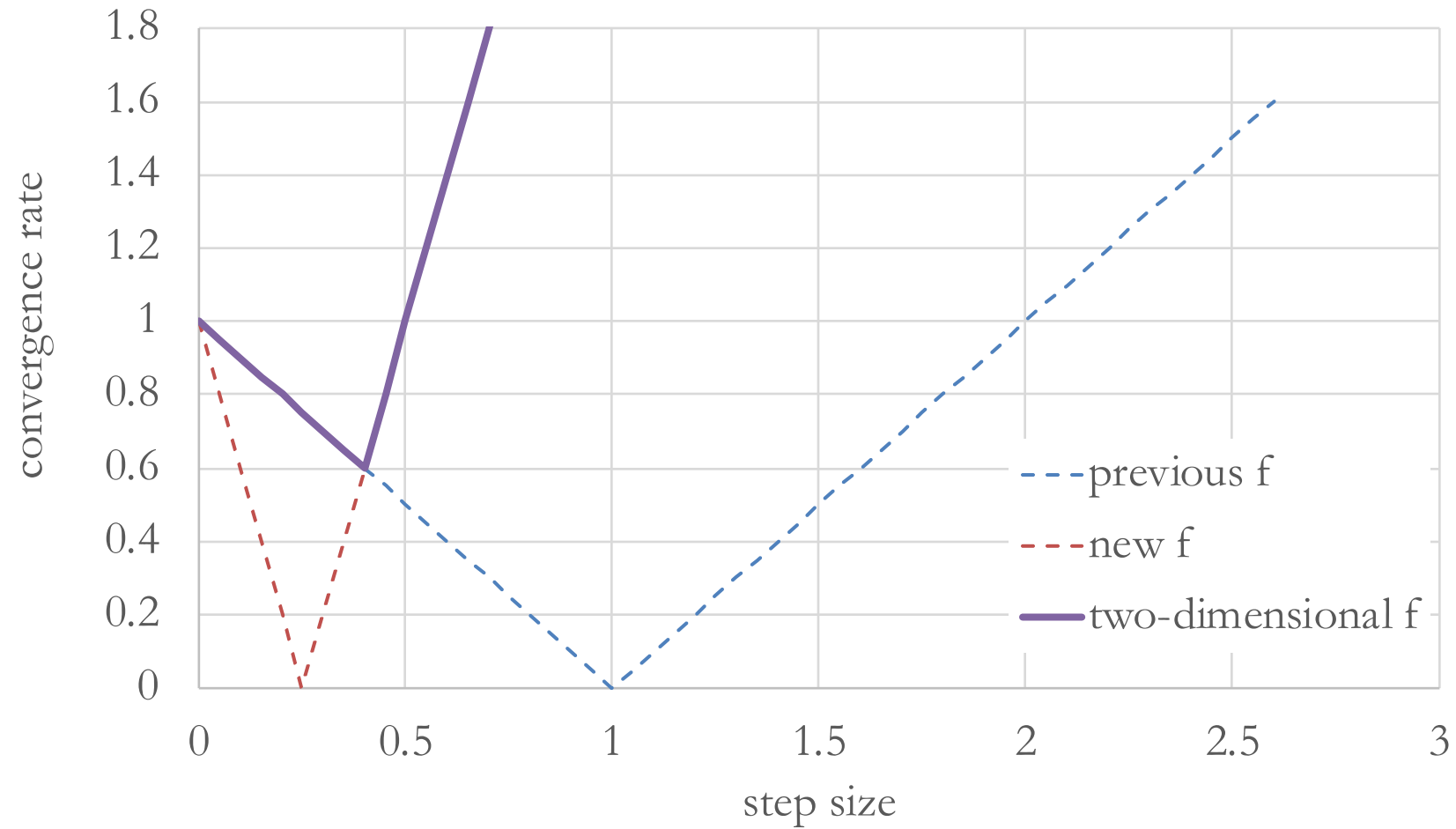
What's the convergence rate?

- Look at the worst-case contraction factor of the update

$$\max_{x,y} \frac{\left\| \begin{bmatrix} 1 - \alpha & 0 \\ 0 & 1 - 4\alpha \end{bmatrix} \begin{bmatrix} x \\ y \end{bmatrix} \right\|}{\left\| \begin{bmatrix} x \\ y \end{bmatrix} \right\|} = \max(|1 - \alpha|, |1 - 4\alpha|)$$

- Contraction is maximum of previous two values.

Convergence of two-dimensional quadratic



What does this example show?

- We'd like to set the step size larger for dimension with less curvature, and smaller for the dimension with more curvature.
- But we can't, because there is **only a single step-size parameter**.
- There's a **trade-off**
 - Optimal convergence rate is **substantially worse than** what we'd get in each scenario individually — individually we converge in one iteration.

For general quadratics

- For PSD symmetric A ,

$$f(x) = \frac{1}{2}x^T Ax$$

- Gradient descent has update step

$$x_{t+1} = x_t - \alpha Ax_t = (I - \alpha A)x_t$$

- What does the convergence rate look like in general?

Convergence rate for general quadratics

$$\begin{aligned}\max_x \frac{\|(I - \alpha A)x\|}{\|x\|} &= \max_x \frac{1}{\|x\|} \left\| \left(I - \alpha \sum_{i=1}^n \lambda_i u_i u_i^T \right) x \right\| \\ &= \max_x \frac{\left\| \sum_{i=1}^n (1 - \alpha \lambda_i) u_i u_i^T x \right\|}{\left\| \sum_{i=1}^n u_i u_i^T x \right\|} \\ &= \max_i |1 - \alpha \lambda_i| \\ &= \max(1 - \alpha \lambda_{\min}, \alpha \lambda_{\max} - 1)\end{aligned}$$

Optimal convergence rate

- Minimize:

$$\max(1 - \alpha\lambda_{\min}, \alpha\lambda_{\max} - 1)$$

- Optimal value occurs when

$$1 - \alpha\lambda_{\min} = \alpha\lambda_{\max} - 1 \Rightarrow \alpha = \frac{2}{\lambda_{\max} + \lambda_{\min}}$$

- Optimal rate is

$$\max(1 - \alpha\lambda_{\min}, \alpha\lambda_{\max} - 1) = \frac{\lambda_{\max} - \lambda_{\min}}{\lambda_{\max} + \lambda_{\min}}$$

What affects this optimal rate?

$$\begin{aligned}\text{rate} &= \frac{\lambda_{\max} - \lambda_{\min}}{\lambda_{\max} + \lambda_{\min}} \\ &= \frac{\lambda_{\max}/\lambda_{\min} - 1}{\lambda_{\max}/\lambda_{\min} + 1} \\ &= \frac{\kappa - 1}{\kappa + 1}.\end{aligned}$$

- Here, κ is called the **condition number** of the matrix \mathbf{A} .

$$\kappa = \frac{\lambda_{\max}}{\lambda_{\min}}$$

- Problems with larger condition numbers converge slower.
 - Called **poorly conditioned**.

Poorly conditioned problems

- Intuitively, these are problems that are **highly curved in some directions but flat in others**
- Happens pretty often in machine learning
 - Measure something unrelated → low curvature in that direction
 - Also affects stochastic gradient descent
- **How do we deal with this?**

Momentum

Motivation

- Can we tell the difference between the curved and flat directions using information that is already available to the algorithm?
- Idea: in the one-dimensional case, if the gradients are **reversing sign**, then the step size is too large
 - Because we're **over-shooting the optimum**
 - And if the gradients stay in the same direction, then step size is too small
- Can we leverage this to make steps smaller when gradients reverse sign and larger when gradients are consistently in the same direction?

Polyak Momentum

- Add extra **momentum term** to gradient descent

$$x_{t+1} = x_t - \alpha \nabla f(x_t) + \beta(x_t - x_{t-1})$$

- Intuition: if current gradient step is in same direction as previous step, then move a little further in that direction.
 - And if it's in the opposite direction, move less far.
- Also known as the **heavy ball method**.

Momentum for 1D Quadratics

$$f(x) = \frac{\lambda}{2}x^2$$

- Momentum gradient descent gives

$$\begin{aligned}x_{t+1} &= x_t - \alpha\lambda x_t + \beta(x_t - x_{t-1}) \\ &= (1 + \beta - \alpha\lambda)x_t - \beta x_{t-1}\end{aligned}$$

Characterizing momentum for 1D quadratics

- Start with $x_{t+1} = (1 + \beta - \alpha\lambda)x_t - \beta x_{t-1}$
- Trick: let $x_t = \beta^{t/2} z_t$

$$\beta^{(t+1)/2} z_{t+1} = (1 + \beta - \alpha\lambda)\beta^{t/2} z_t - \beta \cdot \beta^{(t-1)/2} z_{t-1}$$

$$z_{t+1} = \frac{1 + \beta - \alpha\lambda}{\sqrt{\beta}} z_t - z_{t-1}$$

Characterizing momentum (continued)

- Let

$$u = \frac{1 + \beta - \alpha\lambda}{2\sqrt{\beta}}$$

- Then we get the simplified characterization

$$z_{t+1} = 2uz_t - z_{t-1}$$

- This is a degree- t polynomial in \mathbf{u}

Chebyshev Polynomials

- If we initialize such that $z_0 = 1$, $z_1 = u$ then these are a special family of polynomials called the **Chebyshev polynomials**

$$z_{t+1} = 2uz_t - z_{t-1}$$

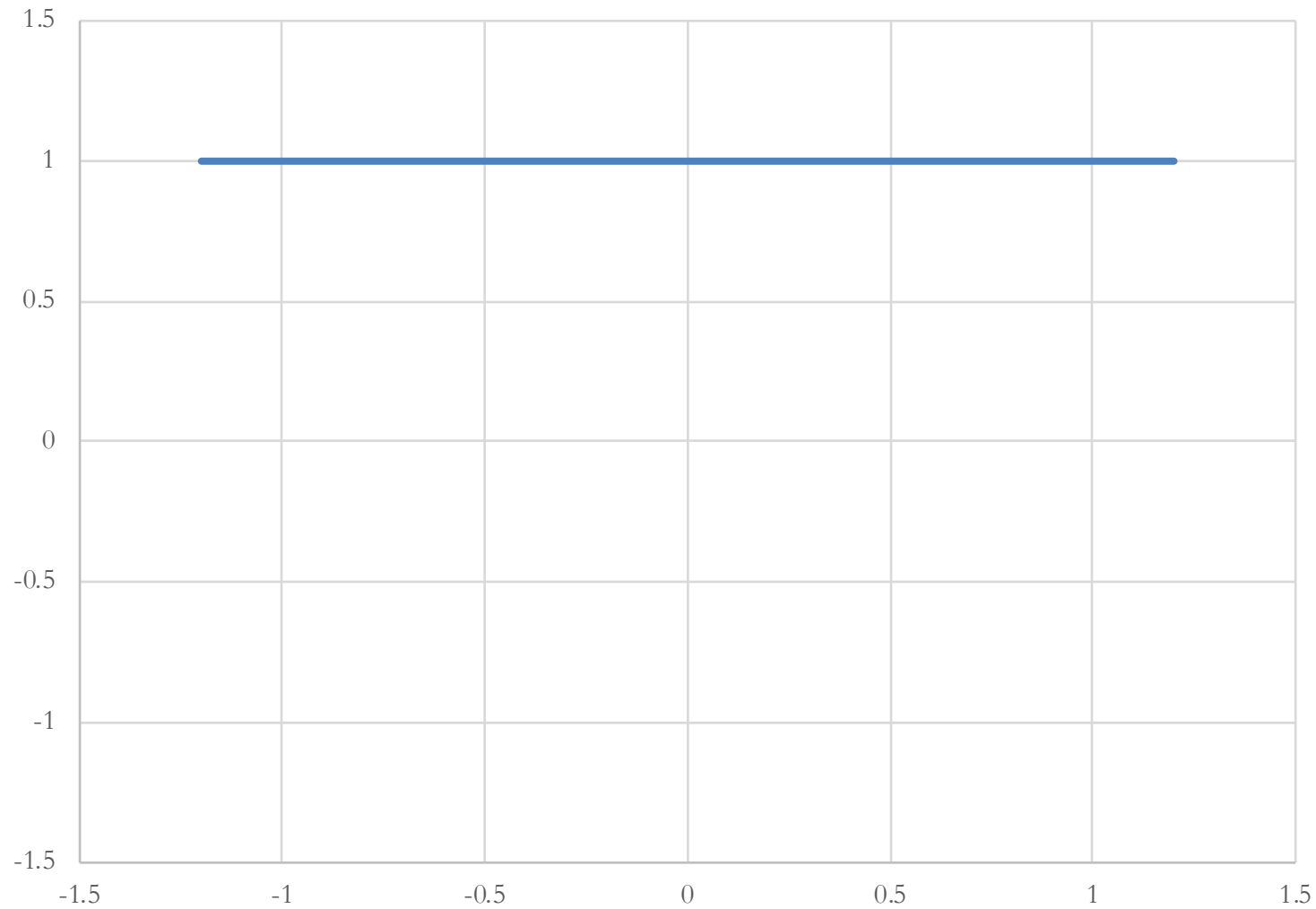
- Standard notation:

$$T_{t+1}(u) = 2uT_t(u) - T_{t-1}(u)$$

- These polynomials have an important property: for all t

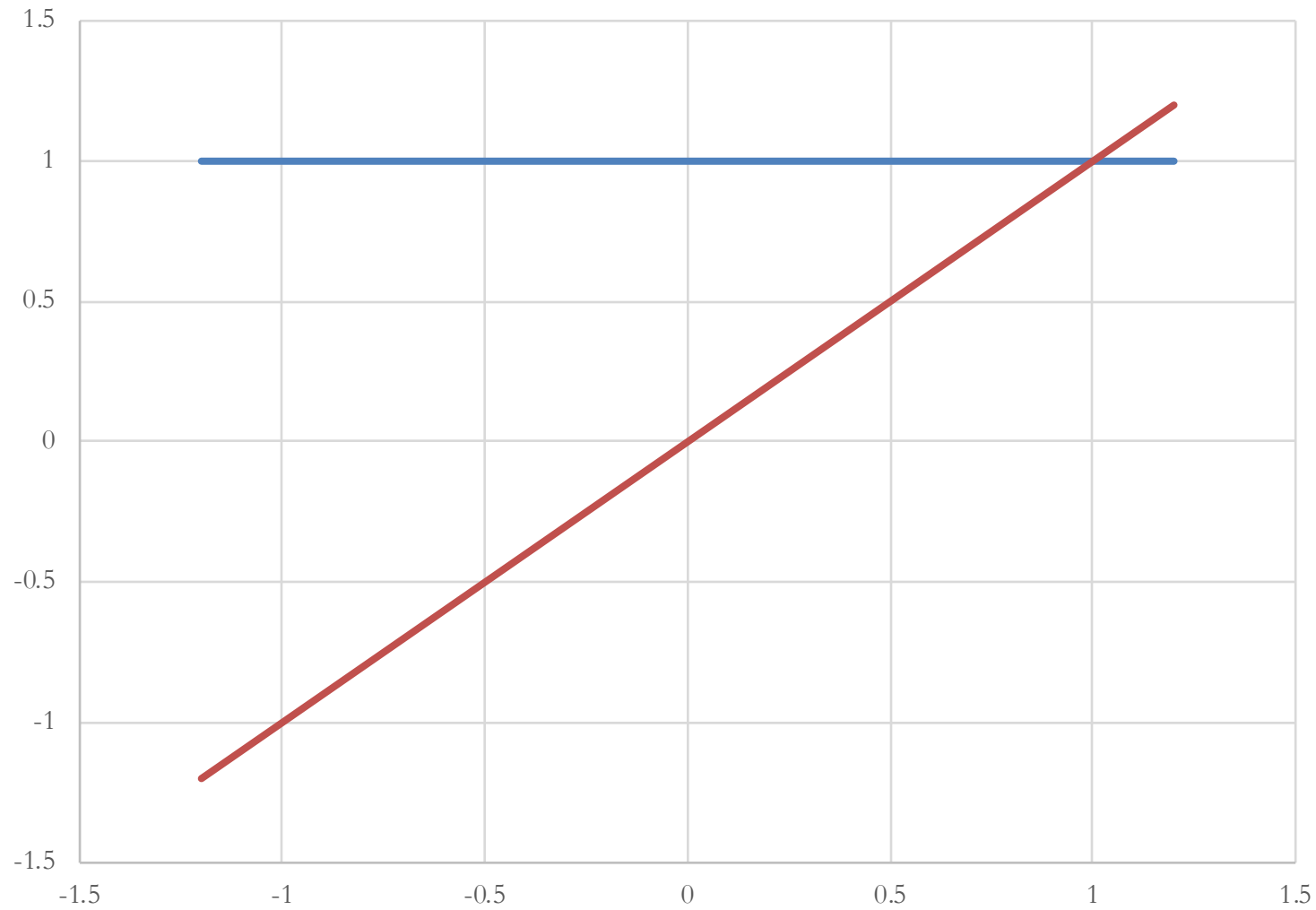
$$-1 \leq u \leq 1 \Rightarrow -1 \leq z_t \leq 1$$

Chebyshev Polynomials



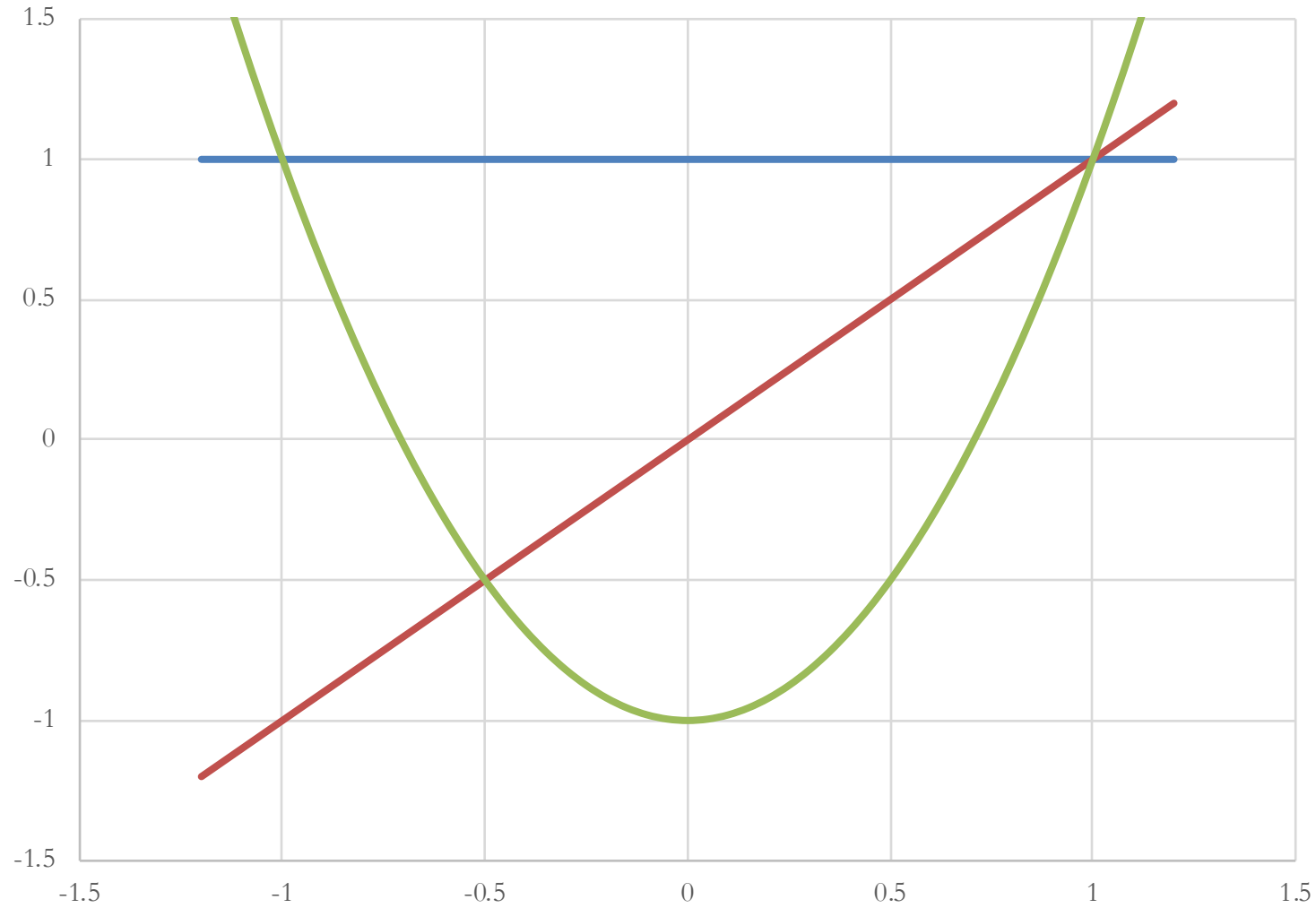
$$T_0(u) = 1$$

Chebyshev Polynomials



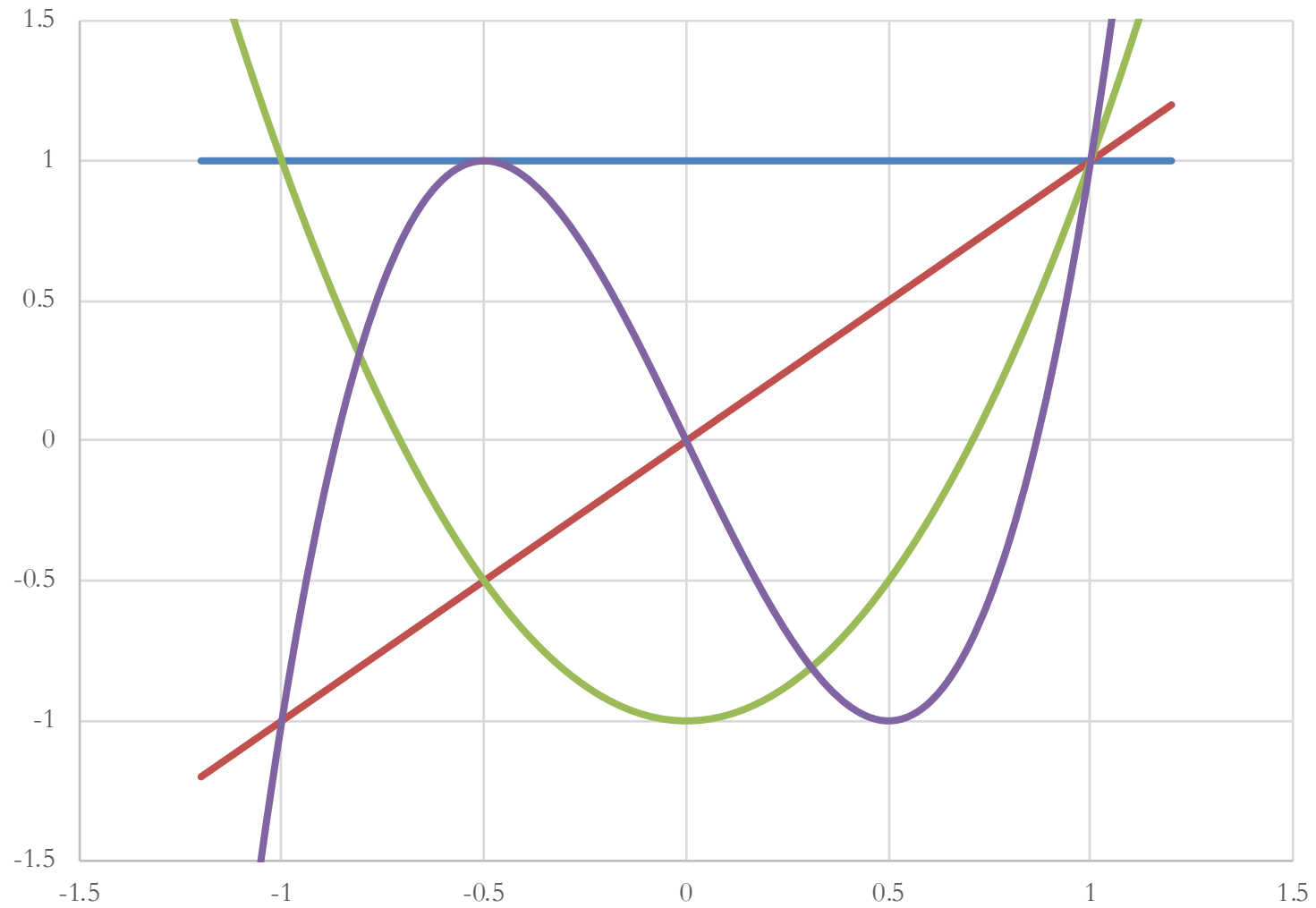
$$T_1(u) = u$$

Chebyshev Polynomials

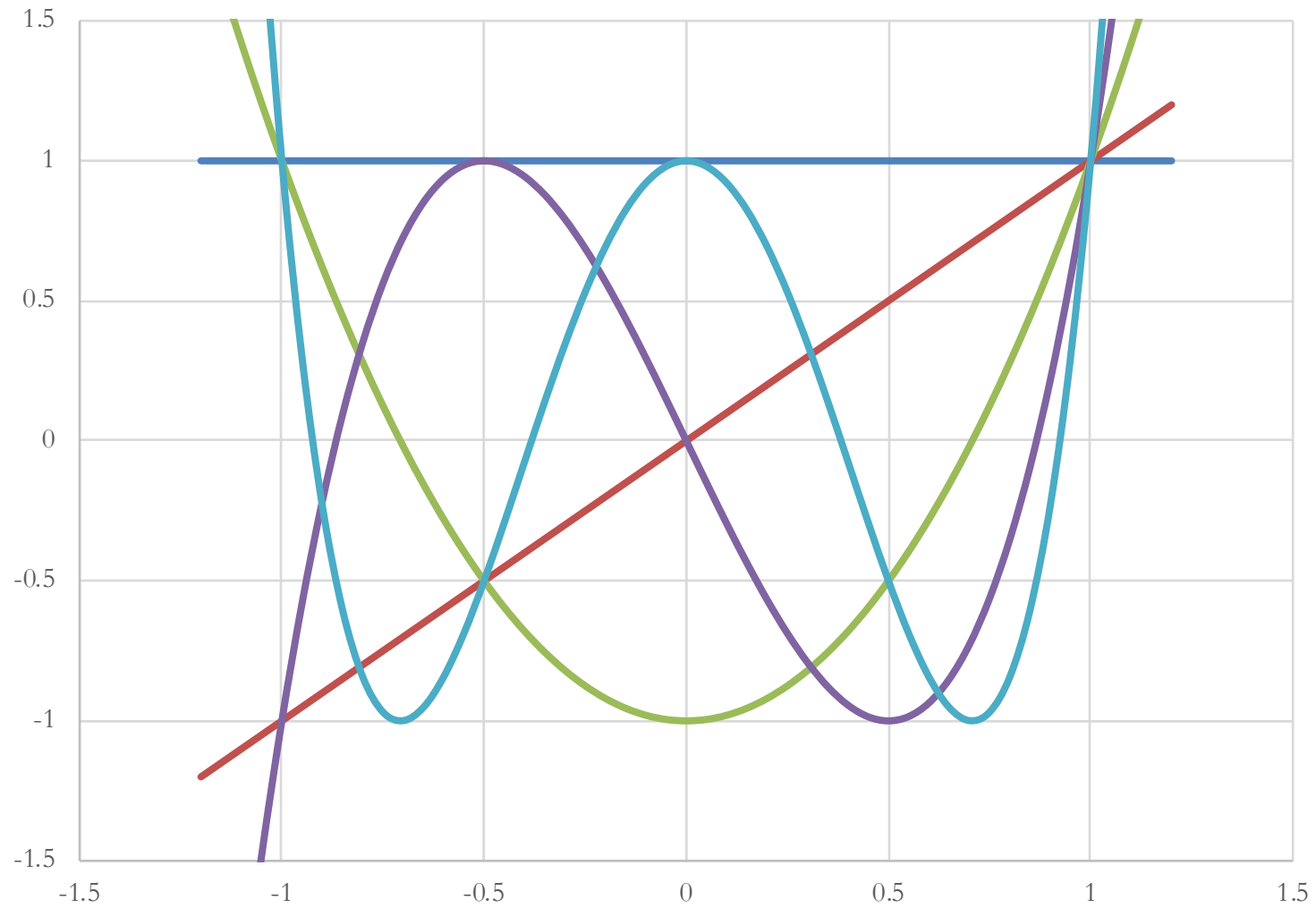


$$T_2(u) = 2u^2 - 1$$

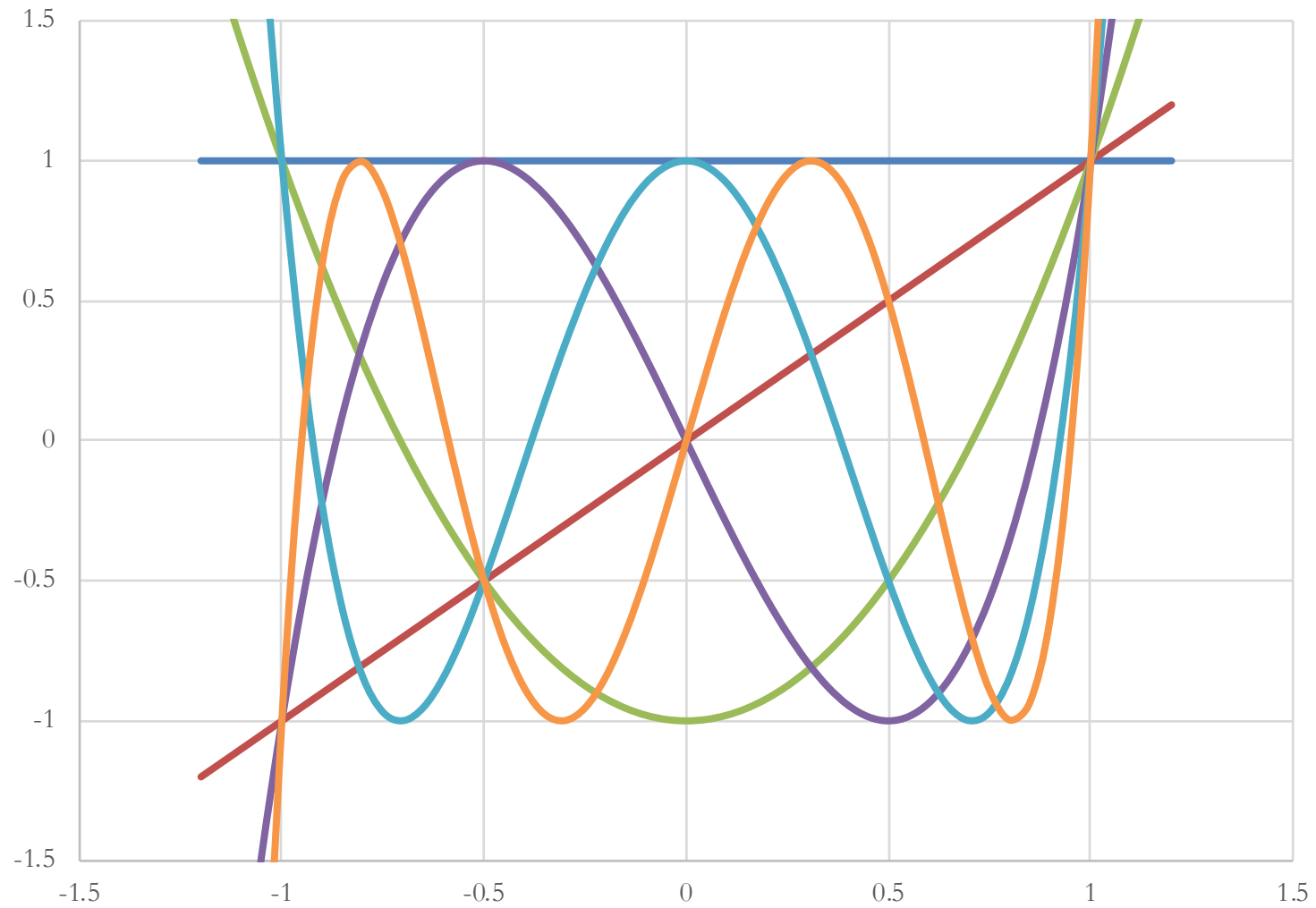
Chebyshev Polynomials



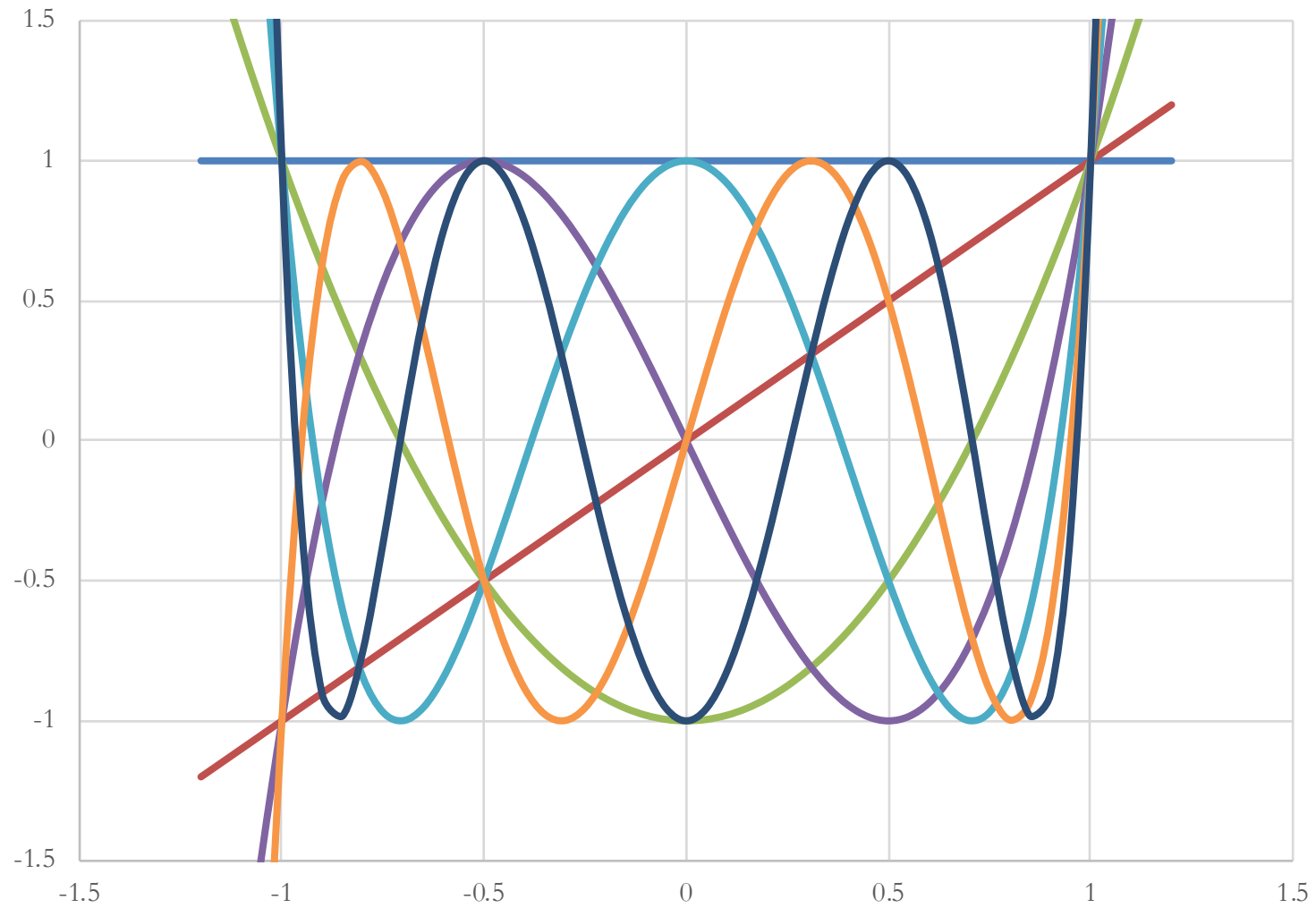
Chebyshev Polynomials



Chebyshev Polynomials



Chebyshev Polynomials



Characterizing momentum (continued)

- What does this mean for our 1D quadratics?
 - Recall that we let $x_t = \beta^{t/2} z_t$

$$\begin{aligned}x_t &= \beta^{t/2} \cdot x_0 \cdot T_t(u) \\ &= \beta^{t/2} \cdot x_0 \cdot T_t\left(\frac{1 + \beta - \alpha\lambda}{2\sqrt{\beta}}\right)\end{aligned}$$

- So

$$-1 \leq \frac{1 + \beta - \alpha\lambda}{2\sqrt{\beta}} \leq 1 \Rightarrow |x_t| \leq \beta^{t/2} |x_0|$$

Consequences of momentum analysis

- Convergence rate depends **only on momentum parameter β**
 - Not on step size or curvature.
- We **don't need to be that precise in setting the step size**
 - It just needs to be within a window
 - Pointed out in “*YellowFin and the Art of Momentum Tuning*” by Zhang et. al.
- If we have a multidimensional quadratic problem, the **convergence rate will be the same in all directions**
 - This is different from the gradient descent case where we had a trade-off

Choosing the parameters

- How should we **set the step size and momentum parameter** if we only have bounds on λ ?

- Need:
$$-1 \leq \frac{1 + \beta - \alpha\lambda}{2\sqrt{\beta}} \leq 1$$

- Suffices to have:

$$-1 = \frac{1 + \beta - \alpha\lambda_{\max}}{2\sqrt{\beta}} \quad \text{and} \quad \frac{1 + \beta - \alpha\lambda_{\min}}{2\sqrt{\beta}} = 1$$

Choosing the parameters (continued)

- Adding both equations:

$$0 = \frac{2 + 2\beta - \alpha\lambda_{\max} - \alpha\lambda_{\min}}{2\sqrt{\beta}}$$

$$0 = 2 + 2\beta - \alpha\lambda_{\max} - \alpha\lambda_{\min}$$

$$\alpha = \frac{2 + 2\beta}{\lambda_{\max} + \lambda_{\min}}$$

Choosing the parameters (continued)

- Subtracting both equations:

$$\frac{1 + \beta - \alpha\lambda_{\min} - 1 - \beta + \alpha\lambda_{\max}}{2\sqrt{\beta}} = 2$$

$$\frac{\alpha(\lambda_{\max} - \lambda_{\min})}{2\sqrt{\beta}} = 2$$

Choosing the parameters (continued)

- Combining these results:

$$\alpha = \frac{2 + 2\beta}{\lambda_{\max} + \lambda_{\min}} \frac{\alpha(\lambda_{\max} - \lambda_{\min})}{2\sqrt{\beta}} = 2$$

$$\frac{2 + 2\beta}{\lambda_{\max} + \lambda_{\min}} \cdot \frac{(\lambda_{\max} - \lambda_{\min})}{2\sqrt{\beta}} = 2$$

$$0 = 1 - 2\sqrt{\beta} \frac{\lambda_{\max} + \lambda_{\min}}{\lambda_{\max} - \lambda_{\min}} + \beta$$

Choosing the parameters (continued)

- Quadratic formula: $0 = 1 - 2\sqrt{\beta} \frac{\lambda_{\max} + \lambda_{\min}}{\lambda_{\max} - \lambda_{\min}} + \beta$

$$\begin{aligned}\sqrt{\beta} &= \frac{\kappa + 1}{\kappa - 1} - \sqrt{\left(\frac{\kappa + 1}{\kappa - 1}\right)^2 - 1} \\ &= \frac{\kappa + 1}{\kappa - 1} - \sqrt{\frac{4\kappa}{\kappa^2 - 2\kappa + 1}} \\ &= \frac{\kappa + 1}{\kappa - 1} - \frac{2\sqrt{\kappa}}{\kappa - 1} = \frac{(\sqrt{\kappa} - 1)^2}{\kappa - 1} = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}\end{aligned}$$

Gradient Descent versus Momentum

- Recall: gradient descent had a convergence rate of

$$\frac{\kappa - 1}{\kappa + 1}$$

- But with momentum, the optimal rate is

$$\sqrt{\beta} = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}$$

- This is called **convergence at an accelerated rate**

Demo

Setting the parameters

- How do we set the momentum in practice for machine learning?
- One method: **hyperparameter optimization**
- Another method: just set $\beta = 0.9$
 - Works across a range of problems
 - Actually quite popular in deep learning

Nesterov momentum

What about more general functions?

- Previous analysis was for quadratics
- Does this work for general convex functions?
- Answer: **not in general**
 - We need to do something slightly different

Nesterov Momentum

- Slightly different rule

$$x_{t+1} = y_t - \alpha \nabla f(y_t)$$

$$y_{t+1} = x_{t+1} + \beta(x_{t+1} - x_t)$$

- Main difference: separate the momentum state from the point that we are calculating the gradient at.

Nesterov Momentum Analysis

- Converges at an accelerated rate **for ANY convex problem**

$$\sqrt{\frac{\sqrt{\kappa} - 1}{\sqrt{\kappa}}}$$

- Optimal assignment of the parameters:

$$\alpha = \frac{1}{\lambda_{\max}}, \quad \beta = \frac{\sqrt{\kappa} - 1}{\sqrt{\kappa} + 1}$$

Nesterov Momentum is Also Very Popular

- People use it in practice for deep learning all the time
- Significant speedups in practice

Demo

What about SGD?

- All our above analysis was for **gradient descent**
- But momentum still produces empirical improvements when used with stochastic gradient descent
- And we'll see how in one of the papers we're reading on **Wednesday**

Questions?

- Upcoming things
 - Paper 1 review **due Wednesday**
 - Next paper presentation **on Wednesday**