## Transformations

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## September 18, 2014

Remark. Proofs by contraditiction or law of excluded middle are not permitted.

**Exercise 1.** Prove that for any category C and any object C : C, the category Sub(C) is thin, meaning there is at most one morphism between any two objects.

Exercise 2. Prove that **Prost** is a reflective subcategory of Rel(2) (the category whose objects are sets with a binary relation and whose morphisms are relation-preserving functions).

Remark. To get an early start on Exercise 3 below, look at Exercise 6 in the lecture notes for Nulls.

**Exercise 3.** Suppose a subcategory  $\mathbf{S} \stackrel{I}{\hookrightarrow} \mathbf{C}$  has a mapping from each object  $\mathcal{C} : \mathbf{C}$  to a reflection arrow  $\mathcal{C} \stackrel{r_{\mathcal{C}}}{\rightarrow} I(R(\mathcal{C}))$ . Prove that there is a unique way to extend the function R to a functor from  $\mathbf{C}$  to  $\mathbf{S}$  such that the reflection arrows form a natural transformation  $r : \mathbf{C} \Rightarrow R; I$ .

Exercise 4. Prove that the category Cat can be enriched in the multicategory CAT.